## SAFE DRIVE SAVE LIFE

## Dr. Keauty

Assistant Professor Music [vocal], Hindu Kanya Mahavidhalaya, Jind, Haryana

Red light says: Stop Stop Stop

Yellow light says: Pause Pause Pause

Green light says: Go Go Go

These three lines are not just for rhyming in the kinder gartens for kids. Infact these contains a grand message in itself. Lines are so simple but the meaning is very strong and in practical life, the simple things are always ignored. And in the last, result is very horrible. Sometimes it is in the form of injuries, mishappenings and deaths due to road accidents.

Safety is one of the most essential factor that one should look at while driving. One could be a good driver or someone who can't drive. There is no in between status for a driver. One should pay full attention while driving a vehicle and completely avoid any distraction. It is also an automobile owner's responsibility to keep his vehicle in the best condition. So as to avoid any accident while driving on road. While driving a vehicle the responsibility for one's life and the life of others rests with the driver of the vehicle.

From Youngers to elders there are all type of drivers who drive on the road. Everyone on the road is supposed to be licensed. In a fraction of second things can happen behind the wheels. Safe driving is something to be taken seriously. Year over year's accidents increases even though infrastructure of nation's growing fast and providing better ways of driving on the roads especially highways. Previously there were single lane and now the double lane, four lane and six lanes have come. But the number of road accidents increased parallelly.

ISBN: 978-81-955611-9-3 138

## Proceedings of D.H.E. Haryana approved National Seminar on Road Safety Awareness in India

Accidents bring disasters in a person's life. By do not follow slightest precautions of safety, our life can be in danger. We just need to maintain our coolness.

'Safe Drive Save Life' campaign launched by the West Bengal government to inculcate a sense of safe driving and responsible road behavior among people in the state, is a welcome initiative. According to the philosophy of the campaign roads are an integral part of our life. Each one of us uses them to go to school, offices, market, hospitals and then to reach home back.

Now we discussing that there are many ideas and laws that are created to ensure a safe and pleasurable driving experience. Some are avoiding alertness while driving and vehicle following distance, vehicle speed and special driving situations.

Accidents are avoidable, all it takes is to be aware of your surroundings. Pay attention do what you are doing. Cell phones, radios and news papers are common distractions. If you use mobile ensure you have a hand free device. Never try to navigate a map during driving.

There are some thumb rule like "Two Second Rule" and Tail gating also help in safe driving.

In behind of all a major factor works to remain safe that is Ability to control our emotions and stress. Some drivers do not know how to deal the situations under stress, how to control emotions. If driver realize and understand these above mentioned conditions then it becomes safe drive.

One another most important pillar in this architecture is proper training for drivers. Indeed the drivers need the right mode of training and orientation to make the roads really safe.

Safe driving attitude is most important because it helps you to take the right decision of control your emotions and behavior, and to drive defensively.

Drive safe

Ghar Par Apka Koi Intejar Kar Raha Hai

Your life is really matters for others.

So safe drive save life.....

ISBN: 978-81-955611-9-3

Proceedings of D.H.E. Haryana approved National Seminar on Road Safety Awareness in India

References for Paper -

https://www.thefreshreads.com/article-on-safe-driving/

https://newsinhealth.nih.gov/2020/06/safe-driving

 $\frac{https://www.nationwide.com/lc/resources/auto-insurance/articles/driving-safety-tips}{safety-tips}$ 

https://www.statefarm.com/simple-insights/auto-and-vehicles/driving

ISBN: 978-81-955611-9-3