

DEFENSIVE DRIVING

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In a world where transportation is essential, drivers must be able to drive tactfully and safely. Learning to be attentive and aware of your surroundings and actions is a crucial skill to acquire before getting behind the wheel. There are numerous ways to ensure road safety, including defensive driving and not driving while under the influence of alcohol or other drugs. These techniques are guaranteed to ensure safe driving and can save lives, whether your own or those of others.

The process of learning to anticipate problems before they occur is referred to as defensive driving. This includes being aware of your surroundings and being able to react quickly and efficiently to situations despite the actions of other drivers.

Defensive driving refers to the practise of drivers who intentionally reduce the risks associated with driving. By driving smoothly and steadily, defensive driving techniques reduce the likelihood of a collision or incident and can even save money on vehicle maintenance and fuel consumption.

Driving is a risky business. Defensive Driving can help us mitigate those risks as it enables us to address identifiable hazards in a predictable manner. Defensive Driving has a wide ambit. It not only includes basic traffic laws, rules and procedures but also includes behavioral aspects of the driver such as the temperament and safe driving practices adopted by the driver in question such as proper maintenance of the vehicle, driving in full health etc...

Driving a motor vehicle is a serious matter and requires a lot of responsibility. According to statistics, over 40,000 people are killed each year

due to motor vehicle accidents that could have been prevented. A lot of lives can be saved and accidents can be prevented by following defensive driving practices. We can also protect ourselves from other bad drivers on the road by following the practices of defensive driving. Control of the vehicle is the most important thing so as to ensure safe driving and defensive driving practices teaches us the skills so as to stay in control.

Condition of the vehicle is one of the most important aspect of Defensive Driving. The vehicle should always in a good working condition when in use. The vehicle should be inspected by a licensed facility at least once a year. Headlights, brake lights and signal lights should be in proper working order and are clean and free from any debris and residue. Also pay close attention to your brakes, tires, windows, steering, wiper blades and horn. All of these should be checked regularly. If there are any problems with the condition of the vehicle they should be dealt with as soon as possible because mechanical problems may result in breakdown of the vehicle leading to traffic accidents.

Securing of the passenger is also one of the major aspects of defensive driving. We never realize the importance of proper safety constraints even if we travel short distances. Fastening up of seat belts and car seats for children save thousand of lives each year. A seat belt protects a person by providing impact protection, absorbs crash forces and keeps you firmly in the seat of the vehicle thus ensuring that you are not thrown out of the vehicle. One must ensure each and every person in the vehicle is properly secured and are sitting as per the seating capacity of the vehicle. Over speeding is prohibited under defensive driving as it is a major reason of many motor accidents. So following up of prescribed speed limit is necessary to follow safe driving practices as they are put in place to protect you and others on the road. Over speeding vehicle is harder to control and control is prerequisite for obeying safe driving practices.

Time management by drivers is also a major component so as to ensure defensive driving practices. Lack of time management leads to rash and negligent driving and leads to traffic accidents. Also, inattentive driving has also became a major hazard on the roads. Drivers nowadays multitask while driving such as talking on the phone, texting, eating and even watching videos during driving which leads to lack of attentiveness thus causing accidents.

Thus, Defensive Driving is a very good strategy to reduce the incidence of accidents on roads. Defensive Driving ensures that the accidents are prevented before their incidence which promises a safer experience on roads and highways. “Prevention is better than cure” and Defensive driving thus give this phrase a real meaning in the road safety world.

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