



SANATAN DHARMA COLLEGE , AMBALA CANTT

NAAC ACCREDITED GRADE "A+" WITH CGPA 3.51 IN THE THIRD CYCLE COLLEGE WITH POTENTIAL FOR EXCELLENCE – UGC, NEW DELHI.



SANATAN DHARMA COLLEGE , AMBALA CANTT HARYANA

**Report By
Women Cell
2018-2019**



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Oath taking ceremony

On 27th August, 2018 Women cell has organized Oath taking ceremony in association with some of the college staff members. The oath taking ceremony formally declares the student's desire and entry in the cell. Organized to for the new members of the cell and students take an oath to be active and responsible members of the cell.





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Event of Women Cell in collaboration with Home Science

On 6 September, 2018 This event was being organized under following innovative competitions such as Poster making, clay modelling , painting , Rangoli making , t-shirt Painting , Nail art , mehndi and cooking competition . Thus all the vents were skill innovative and exhibiting after the event winner students were being facilitated with respective prizes.





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All about Women Power point presentation competition on Health and hygiene

This event was organized on 6th October, 2018 within the college campus a small initiative to expand the reservoirs of knowledge related to Women health and hygiene by means of expressing their views through animations and presentations etc. Thus we can say digitally expression of ideas.

Declamation competition on Gender Equality

This event was organized on 22 October, 2018 within the college campus Equality being a Fundamental right granted by our basic law of land but at ground level it is being violated in order to expand knowledge to provide an exposure this competition was being organized. Thus contributes to confidence building and develops a personality.



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Women Empowerment Awareness about Durga Shakti App

Event was being organized from 26th October, 2018 to 29th October, 2018 within the college campus thus to make girls aware about the app launched by the Haryana Police, the app has a red panic button which, when tapped, connects you to the call centre in Panchkula where the staff inform the nearest police control van of your WhatsApp location. Downloaded more than 10,000 times since its launch on July 12, the Durga Shakti app for women's safety has steadily gained popularity.





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Inter-college essay writing Competition

The event was being organized on 2nd November, 2018 at Indira Gandhi (PG) Mahavidyalaya , Kaithal. The event was being organized with an agenda to furnish the skill and to provide a platform to discuss views at some broader platform.



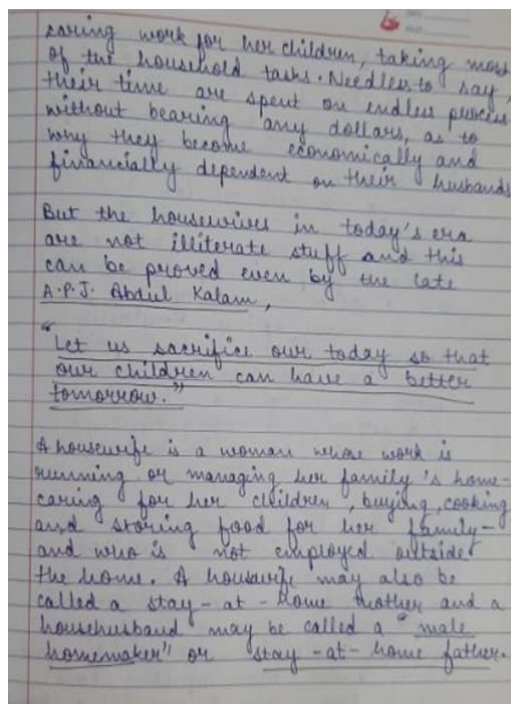
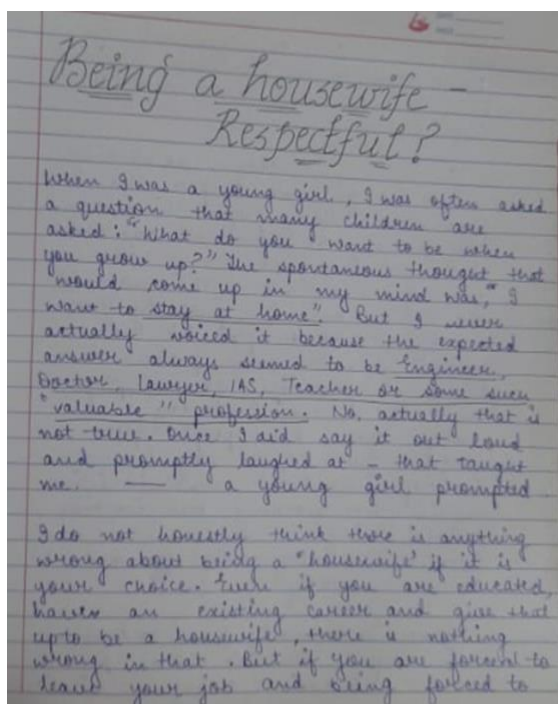


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Essay writing competition on Gender Equality

Event was organized on 3rd November, 2018 within the college campus in order to brainstorm the innovative minds and make them aware of the issues being faced by women these days for eg. Emphasis on housewives thus to provide way forward to the issue such as making women financially independent and educated.





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Save girl child Poster Making competition

Event was organized in on 2nd January ,2019 at JCI Chowk , Ambala cantt. Save Girl Child is a humanitarian project run by The Organization for Eradication of Illiteracy and Poverty (OEIP). Every year in India, over 45.8 million girls experience horrendous gender discrimination, losing their precious lives to deep-rooted patriarchal, societal norms. The Objective of the event was to make people aware about the importance of Save girl Child.





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Save girl child Slogan writing and walkathon competition

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National Women Conclave 2019- **Impeccable spirit of Womanhood**

This event was organized on 25th January, 2019. On October 28th 2017, a grand conclave of women from across the country titled 'WOMEN for GOOD GOVERNANCE' was organized at NMKRV College for Women, Bangalore. The aim of the conclave was to bring women activists together on one platform. The purpose of the conclave was to highlight and create awareness for women to influence, motivate and drive transformation by persuading them to play a critical role in empowering themselves and their communities to bring about Social, Economic and Political transformation in the country.





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Informative lecture on Cancer Awareness and the importance of screening

This event was organized on 1st February, 2019 within the college campus.

Resource person -: Mr. Sunil Sdiq, Medical Director, Mission Hospital, Ambala city

The major goal of the day is to increase awareness about the disease and to minimise the social stigma connected with it. Cancer is the world's second largest cause of death. Lung, breast, cervical, head & neck, and colorectal cancer are the most common cancers in Indians. Cancer is the second-leading cause of death worldwide. 10 million people die from cancer every year. More than 40% of cancer-related death could be preventable as they are linked to modifiable risk factors such as smoking, alcohol use, poor diet and physical inactivity.



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Workshop on Health and Hygiene for girls

This event was organized on 7th February, 2019 within the college campus. Health refers to behavior that can improve cleanliness and lead to good health, such as frequent handwashing, facial cleanliness, bathing with soap and water. Hygiene refers to a practice and rituals that prevents diseases and lead to good health. To make the students aware about the women's empowerment its time to change the attitude of society towards this kind of foolishness that are followed by older generation. Women take part in the economy of the country.



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Gender Equality Screening of Documentary film “Stop the Rapes” Tribute to all Nirbhaya’s

Event was organized on 21st Feb, 2019 within the college campus.

Chief Guest Ruchi sharma, Social Activist

Rape is coming increasingly to be viewed as a crime not a passion but of power , the assertion of the will of human being over another . The sexual aspect is viewed only as a particularly humiliating assertion of dominance. This event was being organized to make the students aware about the Gender Equality Screening Of documentary film * Stop the rape* A tribute to all nirbhayas students were create awareness about rape like good touch and bad touch for kids , conducting a session of safety tips for everyone and to provide all the information to the police if required .



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Lecture by Dr. Rosy Aneja , Gynecologist

Lecture was being organized on 22nd February , 2019 within the college campus.

Resource Person-: Dr. Rosy Aneja, Gynecologist

A gynecologist is a doctor who specializes in female reproductive health . They diagnose and treat issue related to the female reproductive tract . This includes the uterus , fallopian tubes and ovaries and breast. This event was being organized to make the students aware about gynecologist . Its was determined that the awareness of gynecologic cancer in the women who had undergone gynecologic examination and cervical smear test was higher than in other women. Its was also determined that the level of education and income level.



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Women Empowerment Workshop series on “Creative Skills” and “Best out of waste”

Event was organized from 20th February, 2019 to 23rd February, 2019 within the college campus in collaboration with Home science department. Women empowerment may be defined in several ways, including accepting women's view point, making effort to seek them and raising the status of women through education, awareness literacy and training. It is closely aligned with female empowerment a fundamental human right that's also key to achieving more peaceful, prosperous world. This event was being organized to make the students aware about the women's empowerment its time to change the attitude of society towards this kind of foolishness that are followed by older generation. Women take part in the economy of the country



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International Women's week celebration

"Workshop on Skill development and beauty care in collaboration with Lakme"

Event was organized from 5th March ,2019 to 6th March ,2019 within the college campus. Main motive behind organizing this event was to nurture a skill within females that is vocal for local and to give some simple hacks to provide with a beauty care.



WOMEN CELL of our college is organising a two-day workshop for
'Skill Development & Beauty Care'
on 5-6.March.2019. We invite all the girl students to take active part in this interesting and productive workshop.

Following zones will be covered in this Skill program:

Day 1: MAKEUP

- personality grooming & care
- demonstration on Day Makeup with smokey eye, etc.

Day 2: HAIR & SKIN

- hair science & care
- demonstration on hair styling & Hair cuts
- demonstration on CTMP
- causes and treatment for acne
- face packs & , etc.

Grab this great opportunity and enhance your skills!
For any queries contact undersigned.
Chetna (President): 8570930202
Sakshi (V.President): 74045 67246



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International Women’s week celebration

“Workshop on Self-Grooming in collaboration with Orane”

Event was organized on 7th March, 2019 within the college campus. Main agenda of organizing this event is to help in the self grooming that is holistically development of an individual in terms of personality. Thus for the sake of providing platform to interact with professionals to nurture their appearance as well.





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International Women's week celebration

"Celebration of International Women's Day": Honoured members of Zila Yuva Vikas Sangathan, Dr. Radhika(president of Sangathan), Geetika Aggarwal(joint Secretary), Mrs. Vandana saini(Social Activist) Prizes distribution ceremony ,badge ceremony.

"WOMEN CELL"
of S.D. College is celebrating
"International Women's Day"
by honouring activists of
"Zila Yuva Vikas Sangathan",
that works majorly for welfare of women.
Prize distribution and Badge ceremony
of Team WOMEN CELL will
also take place.
Date : 8th. March. 2019
Timings : 11:20 am
Venue. : Seminar Hall (first floor)
Let's Celebrate & Cherish Womanhood....



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Health is wealth campaign in collaboration with Medanta medicity

This event was organized on 9th March, 2019. A healthy body has all the major components that help in the proper functioning of the body. The essential component is the state of physical health. Your life term extends when you maintain good physical fitness. If you are committed to exercising with a sensible diet, then you can develop a sense of well-being and can even prevent yourself from chronic illness, disability, and premature death. It increases the efficiency of the heart and lungs. A good walk can reduce cholesterol levels. Good exercise increases muscle strength. It reduces blood pressure.





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Participation in 2nd Inter-college fest at AIMT

“Betian Hamari Aan baan shaan”

This event was organized on 12th March, 2019 with an agenda to create awareness and importance of daughters in our society. Thus to uplift their status in present societal conditions. As females are the balancing wheel of the society.

Outreach activity case study on Waste collector of Ambala cant videography while discussing their problem

This event was organized the month of March, 2019. Waste management or waste disposal includes the processes and actions required to manage waste from its inception to its final disposal. This includes the collection, transport, treatment and disposal of waste, together with monitoring



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and regulation of the waste management process and waste-related laws, technologies, economic mechanisms. Waste can be solid, liquid, or gases and each type has different methods of disposal and management. Waste management deals with all types of waste, including industrial, biological, household, municipal, organic, biomedical, radioactive wastes.

Thank you