



SANATAN DHARMA COLLEGE AMBALA CANTT

NAAC ACCREDITED GRADE "A+" WITH CGPA 3.51 IN THE THIRD CYCLE COLLEGE WITH
POTENTIAL FOR EXCELLENCE- UGC, NEW DELHI



SANATAN DHARMA COLLEGE

Ambala Cantt, Haryana

Report

By

Women Cell

(2020-21)





World Creativity and Innovation Day

Women cell celebrated world creativity and innovation day on 21st April, 2020.

Our members initiated with the alphabetical representation of precautions of the pandemic COVID-19 with the view to aware the society.

There is a fear among millions today, and we need to solve this fear. This is the best time to reflect not only to survive, but to thrive in this new world. It is very challenging, but also an amazing opportunity to unlearn, relearn and test our capabilities and value systems. So wake up with the world with high hopes in your eyes.



**WOMEN CELL**

SANATAN DHARMA COLLEGE, AMBALA CANTT

Celebrated World Creativity and Innovation Day (Global UN day) on April 21, 2020.

"Creativity is what makes the world go 'round. The world would be a better place with just one more divergent thinker in it, and that's where we can make impact."

During COVID 19 lockdown, Teacher incharges motivate the students to express their gratitude to corona warriors by the way of poetry. Office bearers of the cell also initiated with the alphabetical representation of precaution of the pandemic COVID-19 with the view to aware the society.

Ms. Heena
Co - Convenor

Dr. Paramjeet Kaur
Convenor

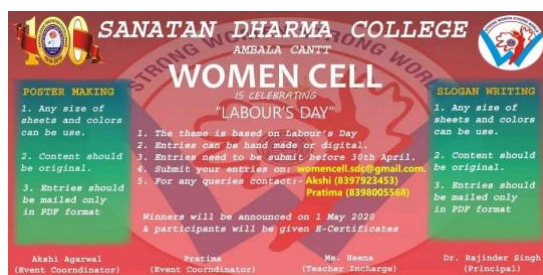
Dr. Rajendra Singh
Principal



Labour's Day Celebration

On the occasion of Labour's Day, Women cell organized Poster making and Slogan Writing competitions.

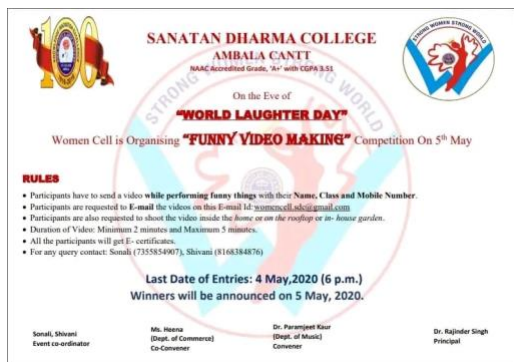
The world is built on their contribution and all of them deserve equal respect from us. They are the makers of the nation. Labour's Day is a well-deserved tribute for those who work so hard, no matter what kind of work you do.



Celebration of World Laughter Day

On the eve of World Laughter Day on 2nd May 2020, we organized-
"Funny video making competition".

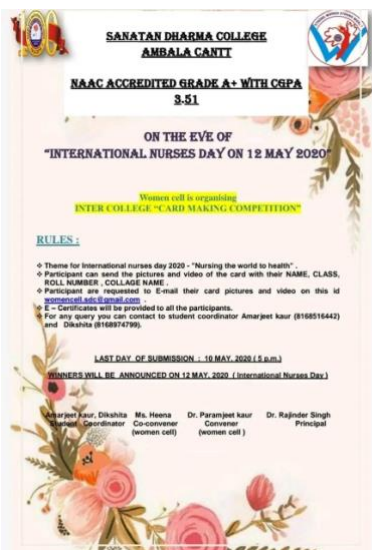
If you want to stay healthy and happy then all you need is a carefree laugh.



International Nurses Day

On the occasion of "International Nurses Day", women cell organised Inter-College Card Making Competition which was held on 12th May, 2020.

Nursing is not an easy job and those dedicate their whole lives in this profession must be respected and celebrated.





Global Day of Parents

On the occasion of “Global Day of Parents” on 1 June 2020, we organised National Level Competition- “HEALTHY FOODIE”.

**SANATAN DHARMA COLLEGE
AMBALA CANTT**
**NAC ACCREDITED GRATE A+ WITH
CGPA 3.51**




National Level Competition "HEALTHY FOODIE"

ON THE Eve of Global Day of Parents on 1 June 2020 [Monday]
The women Cell of Sanatan Dharma college National level competition
"HEALTHY FOODIE"

"Let's Honour them who raised us!"

RULES:-

- Every participant will have to make a healthy dish (cooked or uncooked) and write 5 benefits of that dish as per their parent's health.
- Participants will have to send a PDF file containing 1st photo of dish 2nd photo of dish with participant id and benefits to all participants' parents.
- Participants are requested to e-mail their PDF file at sanatan.dha@gmail.com with Names, Class, Roll Number, College name.
- Certificates will be provided to every winner.
- For any query you may contact student coordinators Sakshi kethri(987088346), Shwangi Mishra(9845193757) & Visha (8191929753)
- For participation kindly register through this link:
<https://docs.google.com/forms/d/e/1FAIpQLScRvZkqUdWzCnXQlGmF3oHjEgVcBxLrDfIe3yO6KwA/viewform?usp=surview>

Last date of submission :- 31 May 2020 @ 6:00 pm
Winners will be announced on : 1 June 2020 (Global Day of Parents).

POSITION	PARTICIPILARS	ENTRY
1	Name:- Suniti Roll no.- 42 one day year Roll No.: - 1125 College:- MBDA BAY COLLEGE FOR WOMEN, Chandigarh	 
2	Name:-Geetanjali Sharma Class-BBC First year Roll no:- 2010181/UNIVERSITY College-L.C. College of Home Science, Bareilly, Harayana	 
3	Name:-Shikha Choudhary Class-BBC One year science Roll no:- 229430860 College-S.D.College Ambala Cantt., Harayna	 

E-Certificates will be mailed to all the participants within 10 days.

Shwangi Mishra,	Ms. Neema	Dr. Parajit Kumar	Dr. Rajinder Singh
Sakshi Kethri,	CO-COVERNER	COVERNER	PINCIPAL
STUDENT COORDINATOR	(Women Coll)	(Woman Coll)	



It is a day to recognize and appreciate the sacrifices they put to shape our lives, the sufferings they courageously face to protect us from the harshness of the reality of the world.

Celebration of Buddha Purnima

On the eve of “Buddha Purnima” on May 26th, 2021, women cell organised “Self-Written Poetry and Recitation Competition”. The judges were Dr. Paramjeet Kaur, Dr. Naveen Gulati, Prof. Heena.

“The mind is everything. What you think you become”. – Buddha

WOMEN CELL

Recitation Competition

"Self-Written Poetry"

DATE: 15th FEB 2021

TIME: 10:00 AM TO 12:00 PM

LOCATION: GANGA GHAT, VARANASI

PRIZES:

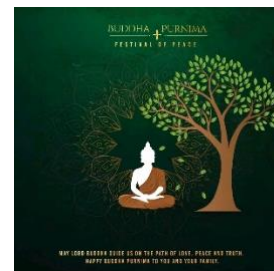
- 1st Prize: ₹5000
- 2nd Prize: ₹2000
- 3rd Prize: ₹1000
- 4th Prize: ₹500
- 5th Prize: ₹250
- 6th Prize: ₹125
- 7th Prize: ₹62.5
- 8th Prize: ₹31.25
- 9th Prize: ₹15.625
- 10th Prize: ₹7.8125
- 11th Prize: ₹3.90625
- 12th Prize: ₹1.953125
- 13th Prize: ₹0.9765625
- 14th Prize: ₹0.48828125
- 15th Prize: ₹0.244140625
- 16th Prize: ₹0.1220703125
- 17th Prize: ₹0.06103515625
- 18th Prize: ₹0.030517578125
- 19th Prize: ₹0.0152587890625
- 20th Prize: ₹0.00762939453125

Prize Distribution Ceremony

Guest of Honor

Organized by: WOMEN CELL

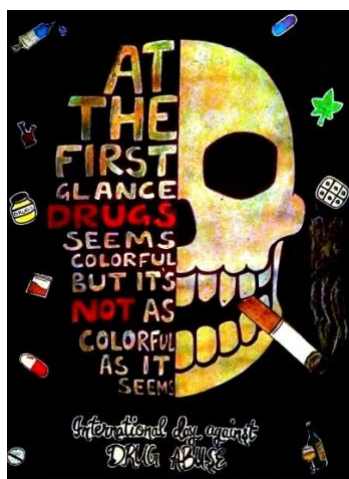
Hosted by: SABHARATI DHARMA COLLEGE, AMBALA CANTT

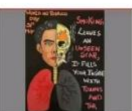


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Anti-Tobacco Day

For celebrating "World No Tobacco Day" women cell organised Inter-College Poster Making Competition on 31st May 2021. The judges were Dr. Naveen Gulati, Dr. Paramjeet Kaur, Prof. Heena. There were total of 38 participants. There was also a pledge taking on the same day and the theme was to commit to quit.

A healthy heart and a happy smile come to your life when you quit smoking. What we need to burn on daily basis is calories and not tobacco. Stay happy and healthy with no tobacco.



Results			
INTER-COLLEGE POSTER MAKING COMPETITION ORGANISED BY WOMEN CELL, OF SANATAN DHARMA COLLEGE, AMBALA CANTT. ON THE EVE OF WORLD NO TOBACCO DAY, 31 ST MAY, 2021			
POSITION	PARTICIPANTS		
1	Name - Aayushi Kashyap Class - B.Com S.F (1 st year) Roll no. - 2366120030 College Name - S.D. College, Ambala Cantt.		
2	Name - Raviidhi Class - M.Com College Name - S.A. Jain College, Ambala City		
3	Name - Bhagun Class - B.Com Asst(2nd year) Roll no. - 3247420043 College Name - S.D. College, Ambala Cantt.		
E-Certificates will be emailed to all the participants within 5 days.			
Ms. Namya Sharma, Ms. Abhinav Singla Student Co-ordinator	Ms. Heena Co-Convener (Women Cell)	Dr. Paramjeet Kaur Convener (Women Cell)	Dr. Rajinder Singh Principal



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World Environment Day Celebration

On the occasion of World Environment Day on 5th June 2021, we organised National Level Photography Competition. The theme was ecosystem restoration. The judges for this competition were Dr. Aarti, Prof. Chhavi Kiran, Prof. Deepak. Total participants were 82.

Let us give our coming generation a healthier and happier environment to have a beautiful life. Let's stop harming nature, let's stop polluting it. Let us join hands to bring a positive change to make planet Earth a much healthier, greener, and happier place to live.

"The Earth is fine place and worth fighting for" – Ernest Hemingway

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**ON THE EVE
WORLD ENVIRONMENT DAY**

**WOMEN CELL
Organises
National Level
Competition**

**Theme:-
Ecosystem
Restoration**

**"Let's nurture
the nature so
that we can have
a better future."**

"Capture the Nature"

Click on the Following Link to
Register:
<https://forms.gle/9aUF4ZCEgyaNB0G28>

For more queries contact:-
➤ Amarjeet Kaur
(8168516442)
➤ Dikshita (81689 74799)

Last date for submission is June
04, 2021 till 6 p.m.
➤ Results will be announced on June
05, 2021.
➤ E-Certificates will be provided to
all the participants.

Ms. Amarjeet, Ms. Dikshita
Student Co-ordinator

Ms. Heena
Co-Convenor
(Women Cell)

Dr. Paramjeet Kaur
Convenor
(Women Cell)

Dr. Rajinder Singh
Principal

RESULTS	
NATIONAL LEVEL PHOTOGRAPHY COMPETITION (CAPTURE THE NATURE) ORGANIZED BY WOMEN CELL, SANATAN DHARMA COLLEGE, AMBALA CANTT ON THE EVE OF WORLD ENVIRONMENT DAY ON 5 th JUNE, 2021.	
POSITION	PARTICULARS
1	Name - Shikha Oberoi Class - B.Sc. Home science (3 rd year) Roll no. - 2294420005 College Name - S.D. College, Ambala Cantt
2	Name - Neha Class - B.Sc (2 nd year) Roll no. - 3607840005 College Name - Jhajjyot degree College (Pehowa)
3	Name - Namya Sharma Class - B.com (3 rd year) Roll no. - 2294220057 College Name - S.D. College, Ambala Cantt.

E-Certificates will be emailed to all the participants within 5 days.

Ms. Amarjeet, Ms. Dikshita Student Co-ordinator	Ms. Heena Co-Convenor (Women Cell)	Dr. Paramjeet Kaur Convenor (Women Cell)	Dr. Rajinder Singh Principal
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World Day Against Child Labour

On the eve of world day against child labour June 12th 2021, women cell NSS, Gender sensitization cell organized National Level Competition. The participants were to send their animated videos on "Stop Child Labour". The judges were Prof. Chhavi Kiran, Dr. Naveen Gulati and Prof. Renu. Total number of participants were 94 and cash prizes were given to the first three winners.

Every child comes with message that God is not yet discouraged of man
- Rabindranath Tagore

Let's hand them books and not responsibilities because this childhood is never going to come back.

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ON THE EVE OF
"WORLD DAY AGAINST CHILD LABOUR"
JUNE 12TH, 2021

WOMEN CELL,
NSS, Gender Sensitisation Cell
Organises
National level
competition

Last Date of
Submission:
June 11th 2021

Theme:-
Act Now: End
Child Labour!

Cash Prize
to First Three
winners

Participants have
to send their
Animated
video on "Stop
child labour"

Click on the link given below to
register
<https://forms.gle/VYXW5yUhmTB8eM8UA>

**WORLD DAY
AGAINST
CHILD
LABOUR**
JUNE 12, 2021



RESULTS	
ANIMATED VIDEO COMPETITION ORGANISED BY WOMEN CELL OF SANATAN DHARMA COLLEGE, AMBALA CANTT, ON THE EVE OF "WORLD AGAINST CHILD LABOUR" ON 12 th JUNE 2021	
POSITION	PARTICULARS
1.	Name : Sathish Adhiana Class : B.Com-II Roll no. : 2997420026 College Name: Shaheed Samarak Government PG College, T.Gaon Faridabad, Haryana
2.	Name : Namya Sharma Class : B.Com-III Roll no. : 2294220057 College Name : S.D. College, Ambala Cantt
3.	Name : Aadish Arora Class : B.A-I Roll No. : 2001101 College Name : S.A. Jain College, Ambala City
E-Certificates will be emailed to all the participants within 5 days.	
Mr. Senthil Mr. Anshu	Dr. Parvinder Kaur Dr. Rajender Singh
Director (Co-ordinator)	Principal



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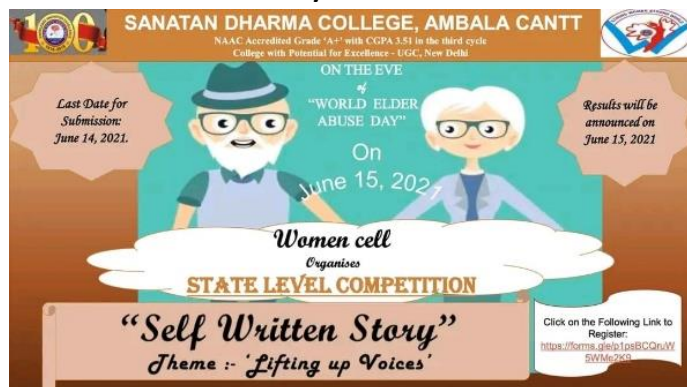


World Elder Abuse Day

On the eve of World Elder Abuse Day on June 15 2021, women cell organized National Level story writing competition with the theme – “Lifting Up Voices”. The judges were Prof. Sanya, Dr. Naveen Gulati, Prof. Heena. Number of participants - 22

“Old age is the most unexpected of all the thing that can happen to a man: Leon Trotsky”

Let us all pledge to take extra care of our elders and nurture them with love and care they deserve.



Results

National Level Story Writing Competition organized by Women cell, Sanatan Dharma College, Ambala Cantt on the eve of World Elder Abuse Awareness
Date: 05 June 2021

Position	Particulars	Story Name
1	Name - Vibhal Kumar Samantya Class - RAMC-3 rd year Roll No. - 183042370049 College Name - Dayanand PG College, Hisar, Haryana	The Glimpses of Old age
2	Name - Pooja Yadav Class - BBA-3 rd year Roll No. - 181211108027 College Name - Ahir College, Rewar	A Hope for Alive
3	Name - Kumari Asha Class - Bcom-1 st year Roll No. - 122224023123 College Name - Ahir College, Rewari, Haryana	World Elder Abuse Day

E-Certificates will be emailed to all the participants within 5 days.

Ms. Akshita Ms. Deepika Student Coordinator	Ms. Heena Co-Chairperson (Women Cell)	Dr. Paranjit Kaur Convener (Women Cell)	Dr. Rajinder Singh Principal
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International Plastic Bag Free Day

On the occasion of International Bag Free Day on 3 July 2021, women cell organised National Level competition. The theme was "Plastic Free Earth" best out of waste. The judges for this competition were Dr. Mohit Bindlish, Prof. Sanya Jain, Prof. Bharti Sujan. Total number of participants- 20. E-certificates were emailed to all the participants.

Animals and birds ingest plastic. They cannot digest it. International plastic bag free day gives us the opportunity to say no to plastic bags and save animals and birds from ingesting them. Instead of asking shop owners for plastic bags, we can carry our own cloth or paper bags when we go for shopping. We should take pledge to recycle all the plastic in our houses and opt for reusable alternatives.



Results			
NATIONAL LEVEL COMPETITION ORGANISED BY WOMEN CELL OF SANATAN DHARMA COLLEGE, AMBALA CANTT. ON THE EVE OF WORLD INTERNATIONAL PLASTIC BAG FREE DAY JULY, 3 RD 2021			
POSITION	PARTICULARS	POSTERS	
1	Name – Aadish Arora Class – B.A 1st year Roll no. – 200110 College Name – S.A. Jain College, Ambala City		
2	Name - Nancy Class - Bsc 1st year Roll no. - 120189015013 College Name - Vaish Arya Kanya Mahavidyalaya, Bahadurgarh		
3	Name - Riya Class - Bsc(NM) 2 nd year Roll no. - 3175920009		
E-Certificates will be emailed to all the participants within 5 days.			
Ms. Aarushi, Ms. Shagun Student Co-ordinator	Ms. Heena Co-Convenor (Women Cell)	Dr. Paramjeet Kaur Convenor (Women Cell)	Dr. Rajinder Singh Principal

