



# SANATAN DHARMA COLLEGE AMBALA CANTT



NAAC Accredited Grade 'A+' with CGPA 3.51 in  
the third cycle College with Potential for  
Excellence -UGC, New Delhi

## Annual Report



**Youth Red Cross**  
Session  
**2017-2018**



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## Basic Youth Leadership Training Camp 20<sup>th</sup> July 2017 to 28<sup>th</sup> July 2017

- A one week Youth Leadership Training Camp was organized by Department of Youth and Cultural Affairs Kurukshetra University, Kurukshetra at Youth Hostel, Mussoorie.
- 5 volunteers of our unit were selected by the DYCA, KUK to participate in the camp.
- The purpose of the camp was to help the students to develop Leadership Traits in their personality and to give them real time experience of teamwork.
- During the camp students had to follow the everyday camp schedule strictly which started with Yoga sessions and physical exercises in the morning and ended with cultural and literary competitions at night every day



Group photographs of volunteers with teacher In-charge during camp



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## **Orientation Programme**

04th September 2017

- An orientation programme for the newly admitted first year students of different streams of the college was organised.
- The purpose of this orientation programme was to motivate the new students to join the Youth Red Cross Unit of the college and actively participate in the social activities and community service projects being run by the unit.
- At the end of this programme, Principal, Dr. Rajinder Singh also addressed the students and motivated them to join Youth Red Cross.
- The senior YRC volunteers and student office bearers of the unit gave a powerpoint presentation on major YRC activities and community projects.



YRC Counselor interacting with students



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## One Day Camp for Old Age Home (Apna Ghar–A home for homeless)

12 September 2017

- Aim of the visit was to make the students realize their social responsibilities towards senior citizens.
- Spend time with the elder people so they do not feel lonely.
- 74 Youths of our unit participated in this one day camp



Volunteers interacting with old age persons





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## Waste Management Programme August 2017 to October 2017

- Municipal Committee Ambala in 9 wards of Amabla Cantt organized Waste Management Programme
- YRC played an important role in the event by acting as a mediocre between localists and municipal committee.
- The unit helped waste segregation by placing blue bins for non-biodegradable waste and green bins for biodegradable waste.



Volunteers Attending seminar on Waste Management Program



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## **PPT Competition on Cancer** 16<sup>th</sup> September 2017

- YRC Unit in collaboration with Rotary Cancer and General Hospital Ambala Cantt organized PPT Competition on Cancer
- This Competition paved the way for sensitizing the need to stay cautious about health.
- All the competent gave useful information about cancer via their ppts.
- This event helped to boost knowledge about cancer.





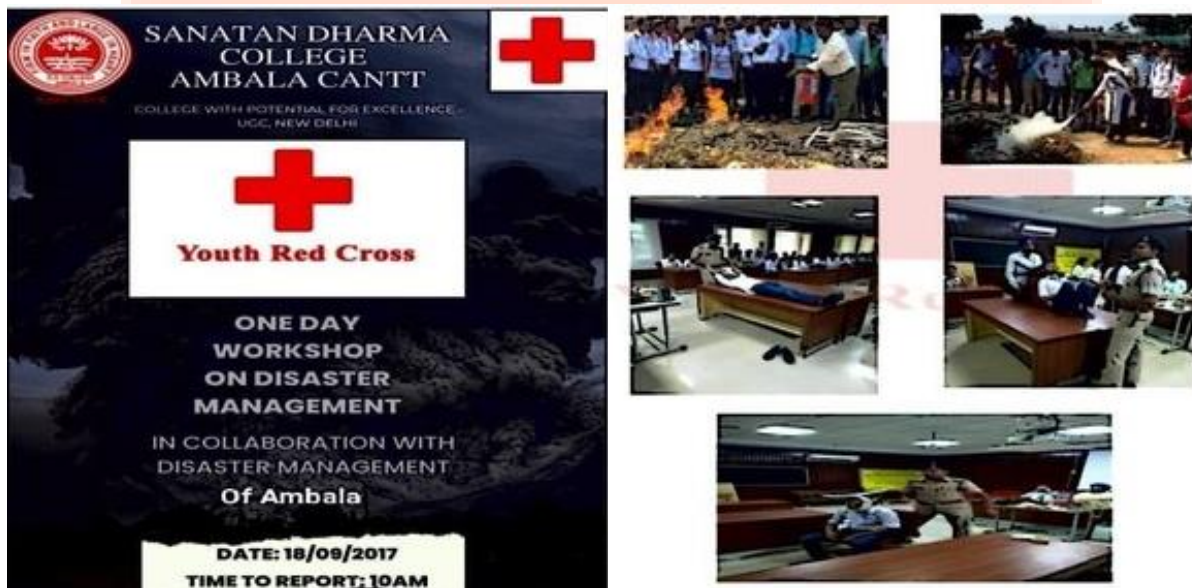
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## One Day Workshop on Disaster Management 18<sup>th</sup> September 2017

- 70 youths attended the one-day workshop based on disaster management.
- This workshop added great experiences to the basics of disaster management.
- Some students volunteered the basic techniques to rescue someone during a disaster.
- The youths were addressed by Mr. Jitender Singh (Research officer of Revenue and Disaster management, Ambala).



Volunteers attending First Aid Training and Mock Drill





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Youth Red Cross  
S.D. COLLEGE  
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## State Level Camp (Girls)

15th September 2017 to 21<sup>st</sup> September 2017

- Every year State level Youth Red Cross training camp for girls is organized by Haryana Red Cross Society for the students of college and universities of Haryana.
- 8 students along with one Counsellor participated in the camp organized at Shri Krishan Kirpa Dham , Vrindavan.
- Rohit Sharma (Camp Director) & Sanjeev Dhiman (STO) were the resource persons



Group photograph of prize winner volunteers



Group photograph volunteers during camp





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YRC State Camp winners in Punjab Kesr, Newspaper.



## Blood Donation Camp

13th October 2017

- YRC unit organized a blood donation camp in College Campus to collect blood units and make students aware about blood and its benefits.
- It was an effort to motivate students to come forward and donate for this noble cause.
- To help anyone in case of any requirement for blood
- Mr. Rajinder Vij, President of Swimming Association Government of Haryana was the chief guest on the occasion of blood donation camp.



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## District Level Youth Red Cross Training Camp 15<sup>th</sup> January 2018 to 19<sup>th</sup> January 2018

- A Youth Red Cross Training Camp from 15th to 19th January, 2018 has been organized by the District Red Cross Society at S.A. JAIN (P.G.) College, Ambala City.
- In this camp around 100 college students from 20 colleges of district Ambala alongwith their counsellors will participate.
- 10 Volunteers of our unit participated in the camp.



Group photographs of YRC volunteers and counselors of district ambala during camp



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## Oath Taking Ceremony & Inter College Competition (Health Awareness Campaign) 25<sup>th</sup> January 2018

- YRC oath has a meaning to serve for humanity and work for health and happiness of others.
- Oath taking ceremony held on 25 January, 2018.
- The ceremony is organized in the college campus.
- Chief guests Dr .Kamdev Jha and Mr. Rohit Sharma motivated the students with their kind words.
- Around 70 volunteers has participated in the event.
- Badges were also provided to the bearers.
- Health awareness is the most important motive of Red Cross Unit.
- Inter College Red Cross Health Awareness Campaign also organized in the college campus.
- Winners and participants were provided with prizes and certificates.



YRC Volunteers taking Oath to Serve the Humanity



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## Republic Day Celebration 26<sup>th</sup> January 2018

- Republic day is celebrated annually in the campus of S.D. College, Ambala Cantt.
- This year also YRC Unit of the college has organized the parade on Republic Day on 26th of January 2018 in the college campus under the guidance of Dr. Rajinder Rana, Principle, S.D. College, Ambala Cantt.



Republic Day

YRC Volunteers in Parade ground

## One Week Palliative Care Programme 16<sup>th</sup> February 2018 to 22<sup>nd</sup> February 2018

- 10 youths from the YRC unit attended the one week programme.
- They learnt about the five stages of palliative care, i.e., Stage One: Stable Stage Two: Unstable Stage Three: Deteriorating Stage Four: Terminal Stage Five: Bereavement.
- They performed the demonstrations related to palliative care.
- A lot of knowledge was gathered by the students during the one week programme





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## **Pulse Polio Programme** 11th March 2018 to 13th March 2018

- 26 Youths attended the Pulse Polio Program.
- This Camp added great experiences to basics social and life skills.
- YRC volunteers visited each and every home to give pulse polio drops.
- Civil hospital & 20 polio booths of Ambala Cantt were covered by doctors and nursing staff of civil hospital with the help of 26 Volunteers of YRC.



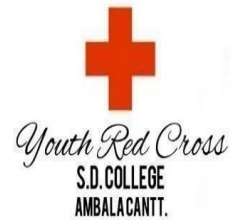
Volunteers giving services in Pulse Polio Program

## **Home Nursing & First Aid Course** 01<sup>st</sup> April 2018 to 6<sup>th</sup> April 2018

- First aid & home nursing training was given to the students of S.D. College by the trainers from St. John Ambulance India New Delhi.
- The principal of the college and counselor of YRC Unit arranged the training by contacting the trainers of St. John Ambulance India New Delhi.



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## **Adventure Camp (Boys & Girls) – Advance** 12<sup>th</sup> June 2018 to 17<sup>th</sup> June 2018

- A one week Adventure Camp (Boys & Girls) – Advance was organized by Department of Youth and Cultural Affairs Kurukshetra University, Kurukshetra at Nainital
- 6 volunteers of our unit were selected by the DYCA, KUK to participate in the camp.
- The purpose of the camp was to help the students to develop Leadership Traits in their personality and to give them real time experience of teamwork.



Group photographs of volunteers with teacher In-charge during camp