



SANATAN DHARMA COLLEGE

AMBALA CANTT



NAAC Accredited Grade 'A+' with CGPA 3.51 in the third cycle College with Potential for Excellence -UGC, New Delhi

Annual Report



Youth Red Cross

Session

2018-2019



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Youth Red Cross

The Indian Red Cross society was established under the provision of section 8 of the Indian Red Cross Society Act XV of 1920, with its national Headquarters in New Delhi. Indian Red Cross Society, Karnataka State Branch was established in 1921 with its Headquarters. The Youth Red Cross Society is a part of Indian Red Cross Society. The Indian Youth Red Cross is organized for the purpose of inculcation in India Youth the ideal and practice of service especially in relation to,

1. Taking care of their own health and that of others
2. Understanding and accepting of civic responsibility
3. Maintaining a spirit of friendliness and helpfulness towards other youths in India and all over the world.
4. Dissemination of the Red Cross Movement.

The Youth Red Cross is the most important constituent of its mother organization, India Red Cross Society. It is a group moment organized for students in college and technical educations. The students are trained and encouraged to manage the affairs of the group, electing their own office bearers. The fundamental principles of the International Red Cross are as follows:

- Humanity
- Impartiality
- Neutrality
- Independence
- Voluntary Service
- Universality



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INDEPENDENCE DAY PARADE HELD ON AUGUST 15, 2018

Independence Day is celebrated on August 15 annually. It is celebrated to mark the day of Independence of our country from British rule on August 15, 1947. On this day all our freedom fighters are remembered for their Supreme sacrifices for our Mother India. It is celebrated with great enthusiasm amongst Indian. Our national flag is hoisted on Red Fort, New Delhi by the Prime Minister of India. It is celebrated in every institution with different dances and patriotic songs dedicating to our freedom fighters and our Mother India. Independence Day promotes brotherhood among the culturally and regionally diverse people of India. Independence Day plays a vital role in letting children know about the glorious past of their country. By celebrating Independence Day and remembering our freedom fighters we stay connected to our roots. This day teaches us the importance of patriotism and strengthens our Unit.

GLIMPSES OF THE PARADE



STUDENTS PERFORMING IN THE PARADE



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ONE DAY CAMP SAMAJIK ADHIKARITA SHIVIR HELD ON AUGUST 27, 2018

The goal is to give people who lack access to resources a sense of identity community and well-being so they can thrive and to eliminate systems that keep them without necessary resources and perpetuate marginalization. The purpose of the event was to distribute the useful items to specially disabled Persons. They distribute wheel chairs and walking aids, hearing and vision aids artificial limbs and surgical appliances etc.

GLIMPSES OF THE EVENT



YRC VOLUNTEERS PROVIDING SERVICES AND ATTENDING SAMAJIK ADAKARITA SHIVIR



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ONE DAY CAMP AT OLD AGE HOME HELD ON SEPTEMBER 15, 2018

Aim of the visit was to make the students realize their social responsibilities towards senior citizens. Spend time with the elder people so they do not feel lonely. Donate books or games to old age homes as it will be quite useful to these organizations and help them to lead a healthy life style and create social interaction in a like – minded community.

GLIMPSES OF THE EVENT



VOLUNTEERS PROVIDING SERVICES



VOLUNTEERS DISTRIBUTING REFRESHMENT



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BLOOD DONATION CAMP HELD ON SEPTEMBER 24, 2018

YRC unit organized a voluntary blood donation camp in college premises. The camp started at 10:00am, which was formally inaugurated by the chief guest Sh. Rajinder Vij. Principal Dr. Rajinder Singh welcomed the medical team and motivated volunteers. YRC unit successfully organized and executed the blood donation camp. They were appreciated by the Principal as the activity carried out by them was for social cause as donating blood is a noble cause and inculcates the feeling ' Joy of Giving' in youth.

GLIMPSES OF THE CAMP



BLOOD DONATION BY STUDENTS AND BADGES GIVEN BY PRINCIPAL SIR



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INTERSTATE CAMP AT AUROVALLEY AASHRAM RAIWALA, UTTARAKHAND HELD ON SEPTEMBER 21, 2018 TO SEPTEMBER 24, 2018

Spirituality is a broad concept with room for many perspectives. In general, it includes a sense of connection to something bigger than us, and it typically involves a search for meaning in life. Aim of the visit was to make the students realize that how the spirituality is important in their life. Spend time in the beautiful nature.

GLIMPESES OF THE CAMP



GROUP PHOTO



PERFORMING YOGA AASANS



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GLIMPESES OF THE CAMP



CLEARING UNWANTED PLANTS



GROUP PHOTO DURING INTERSTATE CAMP AT UTTAKHYNAD



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NATIONAL CRICKET TOURNAMENT FOR THE BLIND HELD FROM NOVEMBER 30, 2018 TO DECEMBER 2, 2018

The Cricket Association for the Blind in India envisions establishing a strong cricketing ecosystem exclusively for the visually impaired in the country. It was set up with the objective of promoting and administering the game of blind cricket globally. Blind cricket both is a rightful pursuit and a platform for the physical and social development of the visually impaired. Financial support is received from a range of public- and private-sector organizations.



PRINCIPAL MEETING WITH PARTICIPATING TEAMS

FREE HEALTH CHECKUP AND CANCER DETECTION CAMP HELD ON DECEMBER 1, 2019

A health camp was organized for all the students and staff and general public to spread awareness about health check-up and maintaining a healthy life. People were all asked to make a line and get their height and weight checked to calculate BMI (body mass index) which explains whether the person is unhealthy or not. People were advised some type of food and exercises by the doctors to maintain a healthy lifestyle. Volunteers of YRC units were happy to know about so many things which they can learn from doctors. Our college organizes these types of campaigns each year for a healthy student count and less absentees. The program ended with a overall report by the doctors about health of students and teachers.

Youth Red Cross



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GLIMPSES OF THE EVENT

The brochure features logos for Rotary, Sanatan Dharma College, Sneh-Sparsh, and Rotary Club. The main text is in Hindi, announcing a free health check and cancer detection camp on Saturday, December 1, 2018, from 9 AM to 2 PM at the Rotary Ambala Cancer & General Hospital. It lists a panel of doctors and the services provided, including X-ray, ultrasound, and Papanicolaou tests.

मुफ्त स्वास्थ्य जाँच एवं कैंसर डिटेक्शन कैम्प

दिन व तारीख : शनिवार, 1 दिसम्बर 2018 | समय : प्रातः 9 से दोपहर 2 बजे तक

स्थान : रोटरी अम्बाला कैंसर एवं जनरल अस्पताल, दशहरा ग्राउंड के सामने, मिल रोड, अम्बाला छावनी

फोन : 0171-2690009, 90340-56793, 90340-56796

पैनल ऑफ डॉक्टर्स

डा. सन्दीप कक्कड़ डी. एम., मेडिकल ओन्कोलोजी	डा. गिरधर गोपाल एम. सी. एच., सर्जिकल ओन्कोलोजी	डा. विजय बंसल एम. एम. कान, नाक, एवं गला रोग विशेषज्ञ	डा. वेणी मित्तल एम. डी., गायनेकोलोजी
डा. वन्दना गोयल एम. डी., पैथोलोजी	डा. अभिषेक मित्तल एम. डी., मेडिसिन	डा. कार्तिक मित्तल एम. डी., इन्टरवैशनल रेडियोलोजी	डा. सचिन सिंह एम. एम., लैप्रोस्कोपिक एवं एन्डोस्कोपिक सर्जन

**मरीजों की जाँच तथा डाक्टरों द्वारा लिखे जाने वाले अस्पताल में उपलब्ध टेस्ट जैसे
मैमोग्राफी, पेपस्मीयर, एन्डोस्कोपी तथा पी.एस.ए. मुफ्त किये जायेंगे।**

BROCHURE OF THE EVENT



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GLIMPSES OF THE CAMP



PEOPLE INVOLVED IN REGISTRATION PROCESS



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STATE LEVEL CAMP FOR GIRLS HELD ON JANUARY 4, 2019 TO JANUARY 9, 2019

The camp was organized from 04 January - 09 January, 2019.

This camp was organized specially for girls.

4 youths from our YRC went on the camp. The camp was organized at Punjabi Dharamshala, Kurukshetra.

Camp Director- Rohit Sharma, Joint Camp Director - Sarabjeet Singh, Resource Persons:- Ms. Anupriya Singh, Ms. Neha Sharma, Mr. B. B. Kathuria, Mr. R.C Sharma, Ms. Manisha, Mr. Pritani Singh were presented over there.

GLIMPSES OF THE CAMP



TRAINER AND COUNSELOR PRESENTED ON STAGE



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RESOURCE PERSONS PRESENTED ON STAGE



TEAMS FROM VARIOUS PLACES PRESENTED IN THE CAMP



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FIRST AID AND HOME NURSING TRAINING CAMP HELD ON JANUARY 10, 2019 TO JANUARY 15, 2019

First aid & home nursing training was given to the students of S.D. College by the trainers of St. John Ambulance India New Delhi. The principal of the college and counselor of YRC Unit arranged the training by contacting the trainers of St. John Ambulance India New Delhi.

GLIMPSES OF THE CAMP



TRAINING GIVEN BY TRAINER TO VOLUNTEERS





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STATE LEVEL YOUTH CAMP FOR BOYS HELD ON JANUARY 18, 2019 TO JANUARY 20, 2019

This camp was organized from 18 January 2019 -20 January 2019. This camp was organized specially for Boys. This Camp was organized in collaboration with KUMBH Administration & Sri Aurobindo Society, Allahabad, U.P. Resource Persons presented in the camp were Mrs. Kriti, Mr. Arvind, Mrs. Sunita, Mr. Sachidanand. It was organized at Kumbh Mela, Prayagraj, UP. 9 Youths from our YRC unit along with 1 Counselor participated in the camp.

GLIMPSES OF THE CAMP



VOLUNTEERS PRESENTED IN THE CAMP



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VOLUNTEERS PARTICIPATING IN THE CAMP



VOLUNTEERS PROVIDING SERVICES IN THE CAMP



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REPUBLIC DAY PARADE HELD ON JANUARY 26, 2019

Republic Day marks the when India became truly independent and embraced democracy. In other words, it celebrates the day on which our constitution came into effect. On 26 January 1950, almost 3 years post independence; we became a sovereign, secular, socialist, democratic republic. Republic day is celebrated annually in the campus of S.D. College Ambala Cantt. This year also YRC UNIT of the college has organized the parade on Republic Day on 26th of January 2019 in the college campus under the guidance of Dr. Rajinder Singh, Principal, S.D. College, Ambala Cantt.

GLIMPSES OF THE PARADE



VOLUNTEERS OF YRC PERFORMING IN THE PARADE



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GLIMPSES OF THE ELECTION DUTY



VOLUNTEERS SALUTING THE CHIEF GUEST



VOLUNTEERS STANDING AT PARADE



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DISTRICT LEVEL CAMP FOR BOYS AND GIRLS HELD ON JANUARY 29, 2019 TO FEBRUARY 2, 2019

This camp was organized for both Girls and Boys. This camp was organized from 29th January 2019 to February 2, 2019. This camp was organized at G.M.N. College Ambala Cantt. 10 youths from our YRC unit participated in the camp. Resource persons of the camp were Mr. Somesh Gulati, Mr. Manoj, Mr. Sanjeev Dhiman, Ms. Arti Sharma, Mr. Jaipal and Mrs. Vijay Laxmi.

GLIMPSES OF THE EVENT



ADDRESSED BY THE CHIEF GUEST



VOLUNTEERS ATTENDING THE CAMP



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YRC FEST AND OATH TAKING CEREMONY HELD ON FEBRUARY 20, 2019

YRC oath has a meaning to serve for humanity and work for health and happiness of others. Oath taking ceremony held on February 20, 2019. The ceremony is organized in the college campus. Chief guests: Sh. R.C Sharma, Indian Red Cross Society, Haryana State Branch Chandigarh, Sh. Manoj Saini, District YRC incharge, Ambala Red Cross, Mr. Harmesh, district training officer, Ambala Red Cross motivated the students with their kind words. Around 60 volunteers have participated in the event. Badges were also provided to the bearers.

GLIMPESE OF THE EVENT



CHIEF GUEST WITH PRINCIPAL SIR



VOLUNTEERS ATTENDING THE OATH CEREMONY PROGRAM



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VOLUNTEERS TAKING OATH



CHIEF GUEST ATTENDING THE OATH CEREMONY



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SARAS MELA HELD ON FEBRUARY 23, 2019 TO MARCH 05, 2019

The Mela aims to eradicate middlemen between the craftsperson and the local buyers and ensures to increase the margins for the artisans. SARAS Mela also aims at facilitating and motivating the beneficiaries of Self Help Groups (SHGs) supported by Deendayal Antyodaya Yojana -National Rural Livelihoods Mission (DAY-NRLM) scheme of Ministry of Rural Development, to exhibit and sell their products and to provide them with an opportunity for additional income, exposure and interaction on a largescale.

GLIMPSES OF THE EVENT



VOLUNTEERS ATTENDING SARAS MELA



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BLOOD DONATION CAMP HELD ON MARCH 4, 2019

The YRC unit of the college has always been active and proactive, in arranging donors in case of emergency around the state of Haryana and organizing Blood Donation Camps around the year in collaboration with different agencies. Blood donation has been an integral and regular part of YRC activities around the year. Not only volunteers and students of the college, the teachers also enthusiastically take part in these camps. The ex students also participate in these camps. Principal of the college, Dr. Rajinder Singh has always been a perpetual source of inspiration to organize such camps.

GLIMPSES OF THE CAMP



VOLUNTEERS DONATED BLOOD AND INVOLVED IN REGISTRATION PROCESS



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ONE DAY CAMP AND SURVEY HELD ON MARCH 13, 2019

The Survey Camp was undoubtedly one of the most incredible memories for YRC. The acquisition of knowledge and interpersonal happiness obtained from the camp hardly be acquired from books and lectures. We are delighted and grateful to have such an excellent camp organized by the YRC Unit not only to travel, but also to learn, to explore and to reflect. Our college survey regarding health hygiene of villagers, use of plastic. Later on Dr. Jaideep Chauhan, Convener of YRC unit delivered a lecture on Health hygiene and no use of plastic. So that villagers must aware of hygiene benefits.

GLIMPSES OF THE EVENT



VOLUNTEERS ATTENDING ONE DAY SURVEY CAMP



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HEALTH CHECKUP CAMP HELD ON MARCH 14, 2019

A free medical health check-up camp for villagers was organized by YRC Unit in Khojkipur Village. There are 5 team members of hospital including one physician, one gynecologist arrived at village with college staff and volunteers of YRC. Dr. Jaideep Chauhan presented a bouquet to Doctors. Free physical examination along with free Blood Sugar, Blood Pressure and ECG tests were provided by doctors. Doctors advised them various medicines and consultation during the camp. Camp was successfully organized under the guidance of Dr. Jaideep Chauhan.

GLIMPSES OF THE CAMP



Group Photograph during the Vaccination Camp



Volunteer perform duties during Vaccination camp



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ELECTION DUTY HELD ON MAY 12, 2019

Principal of the college Dr. Rajinder Singh mentioned the college's efforts in on awarding the general public regarding the importance of casting votes. As the Convener of the duty Assistant Professor Dr. J.D. Chauhan apprised the participants how they has been able to change people's approach towards importance of casting votes. He further elaborated rural residents are generally not in the favor of giving their votes but YRC volunteers make them aware about the mechanism of the government that is being elected by their votes. During this election duty the YRC volunteers had performed their duties very energetically they assisted PwD voters and old age persons in voting they went to nearby areas for assisting the persons to the election booth for casting their votes.

GLIMPSES OF THE ELECTION DUTY



VOLUNTEERS PERFORM THEIR DUTY