Annual Report

Youth Red Cross
Session
2020-21
DETIALS: Students and volunteers gave a social message by planting trees on the campus and outside the campus.

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF PARTICIPANTS: 10 Youths
Volunteers Planting Trees

Media Glimses
VRIKSHA BANDHAN
12 AUGUST, 2020

DETAILS: Students and volunteers gave a social message by planting trees on the campus and outside the campus under the scheme of Vriksha Bandhan of Government of Haryana.

VENUE: Sanatan Dharma College, Ambala Cantt

NO. OF PARTICIPANTS: 15 Youths

Volunteers planting trees on the occasion of Vriksha Bandhan
DETAILS: Discussion on Women safety and their Rights. Discussion was also held on the online complaint management system.

PLATFORM: YOU TUBE

NO. OF PARTICIPANTS: 334
WORLD ORGAN DONATION DAY
13 AUGUST, 2020

DETAILS:
- On World Organ Donation Day, the participants were familiarized with the relevance and process of organ donation.
- The Youths pledged to donate their organs.

PLATFORM: SOCIAL MEDIA

NO. OF PARTICIPANTS: 20 Youths

INDEPENDENCE DAY PARADE
15 AUG, 2020

DETAILS:
- March Past by the Volunteers.
- YRC Unit got awarded by SDM and DSP Ambala Cantt.

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 25 Youths
Volunteers Performing their duties
INDEPENDENCE DAY PARADE
[ 15 AUGUST, 2020]
TRIBUTE TO FREEDOM FIGHTERS
15 AUG, 2020

DETAILS:

- A dance video was released on the day as a tribute to our freedom fighters, Armed Forces, Police and corona warriors.
- Dance was performed on the song “teri mitti”.

VENUE: SOCIAL MEDIA

NO. OF VOLUNTEERS: 10

Participants performed dance

Click on the link below to watch the video:
https://www.instagram.com/tv/CD55Ab_HkXZ/?utm_medium=copy_link
https://www.facebook.com/1622548698055385/posts/2568459410130971/?sfnsn=wiwspmo&extid=qMKZ2H9JVr0c28Y7&d=n&vh=e
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AMBALA CANTT

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TREE PLANTATION DRIVE
15 AUG, 2020

DETAILS:
- Plantation was organised in college campus.
- Volunteers pledged to take care of plants planted by them for three years.

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 25

Volunteers Planting Trees
कालेज में वृक्षारोपण कार्यक्रम आयोजित

यह मंडल से मिले 500 पौधे लगाकर 3 साल तक देखभाल करेंगे वाल्टिपार्क

यूथ रेडक्रॉस स्वयंसेवकों के बीच 500 पौधे वितरित किए

लक्ष्याभास कार्यक्रम के तहत योग योग्य

Media Coverage
WORLD HUMANITARIAN DAY CELEBRATION
19 AUG, 2020

DETAILS:

- The objective of the event was to spread awareness regarding usage of gloves and mask during pandemic

VENUE: KHOJKIPUR

NO. OF VOLUNTEERS: 10

Poster on World Humanitarian Day
DETAILS:
- On the occasion of Gandhi Jayanti, cleanliness drive was organized.
- Dr. Rajinder Singh suggested some measures to safeguard our environment.

VENUE: S.D COLLEGE

NO. OF VOLUNTEERS: 10
Volunteers during cleanliness drive campus
Cleanliness Drive in Media Coverage
WEBINAR ON BLOOD SHORTAGE IN INDIA
21 NOVEMBER, 2020

DETAILS:

- Host Ms. Supriya Sharma along with Ms. Vibha Triphati undertook initiative to sensitize the audience regarding the problem of shortage of blood and encouraged them to donate blood.
- Different ways and appropriate time/age for donating blood was also discussed.

PLATFORM – ONLINE (GOOGLE MEET)

OBJECTIVE: To acknowledge youth regarding shortage of blood in India during pandemic.

NO. OF VOLUNTEERS: 70
WEBINAR ON
INTERGENERATIONAL BONDING
04 DECEMBER, 2020

DETAILS:
- Dr. Aabha Chaudhary welcomed everyone and create awareness about the problems faced by old age in this pandemic time.
- Dr. Rajinder Singh highlighted the problem of intergenerational gap and also discussed how youth ignores their parents and grandparents due to their affection with latest technologies.
- Also create awareness by the laws and rights of old age persons.
- Dr. J.D. Chauhan shared some glimpses of work done for senior citizens by YRC unit of S.D College.
- Everyone create awareness youth to spend some time with their parents and grandparents for a good mental life of their loved ones.

PLATFORM – ONLINE (CISCO WEBEX)
AWARENESS CAMP ON “YOUTH & ROAD SAFETY”
16 DECEMBER, 2020

DETAILS:
- Created awareness about road safety and sensitized students with the importance to follow traffic rules.
- Impact of careless driving was also discussed.
- The resource person shared the 10 commandments of road safety that every citizen should obey.
- Interacted with participants and discussed the issue of increasing accidents.

VENUE: S.D. COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 25
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POSTER & SLOGAN MAKING COMPETITION
23 DECEMBER, 2020

DETAILS:

- Poster making and Slogan Writing Competition was Organized on the topic of Blood Donation.
- Students submitted creative posters on the given theme.
- Prizes were distributed to the winners by the honourable Chief Guest Ms. Samta Sindhu
- Special guest discussed the problems faced due to shortage of blood in blood bank
- The guest of honour encouraged everyone to donate blood and shared a personal experience of shortage

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS : 60 Youths
Judges judge the posters and award the winners
AMBALA CANTT

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BLOOD DONATION CAMP
23 DECEMBER, 2020

DETAILS:

- Over 70 unit blood was collected
- Refreshment was distributed to the blood donors.
- Dr. Samta Sindhu encouraged everyone to donate blood.

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 40

Volunteer donate blood, Group Photograph with Guest
Media Glimpses of Blood Donation Camp
SANATAN DHARMA COLLEGE
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Potential for Excellence -UGC, New Delhi

OATH TAKING CEREMONY
23 DECEMBER, 2020

Details:

- The badge ceremony was held:
  - Shivani Pundir was deputed as the Commander of YRC.
  - Ankita Bisht was deputed as the Deputy Commander of YRC.
  - Abhishek Kaushas was deputed as the Youth Officer (Boys).
  - Divyanshi Sharma was deputed as the Youth Officer (Girls)
  - The Executive Members were deputed on their post.

- Volunteers undertook the YRC oath.
- Volunteers pledged to serve humanity, and to work for the health and happiness of others.

Venue - SEMINAR HALL, S.D. COLLEGE, AMBALA CANTT

No. Of Participants: 100 Youths

Chief Guest arrived at College Campus
Chief Guest Lighten the lamp

Volunteers welcoming the guest by performing a song

Volunteers attending the seminar
Volunteers taking Oath

Volunteers introduced the Chief Guest

Principal Honoured the Chief Guest
Volunteers Photographs with the Chief Guest
ELECTION DUTY
27 DECEMBER, 2020

DETAILS:

- Duties were performed by volunteers in Elections.
- Volunteers help the PwD voters and old age persons in voting.

Venue - AMBALA CITY

No. Of Participants: 15 Youths

Volunteers performing duties during Election
Volunteers performing duties during Election
Volunteers performing duties during Election
Media Glimses of Elections
WORKSHOP ON DE-ADDICTION CAMPAIGN
19 JANUARY, 2021

DETAILS:

- Introduced everyone about Drug Addiction and its side effects.
- Also discussed that why people do drugs and how they get addicted to.
- Created awareness about the impact of drug addiction physically, mentally and emotionally.
- Teams were made to counsel people cordially and facilitate them to join treatment centre.

VENUE: PANCHAYAT BHAWAN, AMBALA CITY

NO. OF VOLUNTEERS: 5

OBJECTIVE: Awareness Campaign about Drug Addiction.
Photographs of De-Addiction Campaign
NATIONAL WORKSHOP ON
HEALTH AWARENESS AND SAFETY ISSUES
24 JANUARY, 2021

DETAILS:

- The workshop provided valuable information regarding human health.
- Dr. Praveen Prashant recommended the participants not to take medicines without a doctor's prescription.
- Health schemes introduced by the government were also discussed.
- Recommend participants to eat healthy food.
- Symptoms and cures of many diseases were discussed.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF VOLUNTEERS: 200

Screenshots during Workshop
न्युज़पेपर कटिंग्स
REPUBLIC DAY PARADE
26 JANUARY, 2021

DETAILS:

- Youths participated in the parade along with volunteers of different associations, colleges and schools.
- Chief Guest SDM Smt. Mamta Sharma, HCS, Sub-Divisional Officer, Ambala addressed the gathering.
- Police and Warrior widows were honoured by the Chief Guest.
- Students from different schools and colleges participated in Cultural competitions.
- Prizes were distributed by the Chief Guest.

VENUE: SD COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 60

Chief guest garlanding Swami Vivekananda
Volunteers doing March Past, Group Photograph
Media Glimses

SANATAN DHARMA COLLEGE  
AMBALA CANTT
WEBINAR ON VOLUNTEERISM: AN EXPRESSION OF HUMAN RELATIONSHIPS
06 FEBRUARY, 2021

DETAILS:

- Mr. Rohit Sharma encouraged everyone to extend a helping hand towards society.
- Dr. Rajinder Singh shared the achievements gained by YRC unit of our college.
- A discussion over volunteerism and its importance was done.
- Chief guest discussed about the relationship of humanity and volunteerism.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF VOLUNTEERS: 250

Screenshots of Webinar
Webinar on "Voluntarism" - 6th Feb, 2021

Media Glimses

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NATIONAL LEVEL YOUTH LEADERSHIP TRAINING CAMP (JAIPUR)
12-14 FEBRUARY, 2021

DETAILS:

- A warm welcome was given by Ms. Mamta and Ms. Surbhi.
- Camp director gave an introduction related to camp.
- Cultural Program was held at night.
- A session on Life Saving Skill C.P.R. was conducted by an international trainer.
- Students visited Jaipur in the afternoon.
- The camp ended with Certificates and prize distribution ceremony.

VENUE: YOUTH HOSTEL JAIPUR, RAJASTHAN

NO. OF VOLUNTEERS: 5

Photographs during Camp
Photographs during Camp & Volunteer Performing dance during the camp
Prize Winners during camp & Group Photograph of winners at Principal’s office
The news has been published in different newspapers.
एस.डी. कालेज के विद्यार्थियों ने ली प्राथमिक चिकित्सा की ट्रेनिंग

अम्बाका, 20 फरवरी (ब्यूरो): सनातन धर्म कालेज के 5 छात्रों ने सेफ्टी फर्स्ट एसोसिएशन द्वारा आयोजित राष्ट्रीय युवा लीडरशिप ट्रेनिंग कैम्प में भाग लिया। कैम्प में भाग लेने वाले छात्रों में शिवानी पुंडोर, अभिषेक कांस, आशीष मेहता, अकिता विष्णु व दिव्यांशा शर्मा शामिल रहे।

'कैम्प का आयोजन जयपुर, राजस्थान में किया गया। 3 दिवसीय कैम्प में विद्यार्थियों को प्राथमिक चिकित्सा की ट्रेनिंग दी गई। इसके साथ-साथ कई अन्य विषयों जैसे की समय प्रबंधन, सकारात्मक सोच आदि पर भी अपने विचार व्यक्त कर विद्यार्थियों को सही दिशा दिखाने का प्रयास किया गया। कैम्प के दौरान कई सांस्कृतिक कार्यक्रमों नृत्य व गायन आदि का भी आयोजन किया गया, जिसमें सनातन धर्म कालेज की विद्यार्थी दिव्यांशा शर्मा ने एकल नृत्य प्रतियोगिता में हिंदी स्थान प्राप्त किया। एस.डी. कालेज की टीम ने समूह नृत्य प्रतियोगिता में भी कांस्कोलेशन मुर्मूर प्राप्त किया।

प्राचीन डा. राजेंद्र सिंह एवं कालेज प्रबंधक डा. नरेन्द्र गुलाटी ने विद्यार्थियों को उनकी सहायता के लिए प्रसंसा की। इसके अतिरिक्त कालेज कांडलस्टार प्रो. सोमेश को बस्तियों अविष्कार के सम्बन्ध में समाधान द्वारा सम्मानित किया विजेताओं को पुरस्कार करते हुए आयोजक।
BLOOD DONATION CAMP

18 FEBRUARY, 2021

DETAILS:

- Blood donation camp was organized.
- Over 55-units of blood was collected.
- The Chief Guest created awareness about the importance of donating blood in the COVID-19 time period.

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 20

Volunteers performing duties during Blood Donation Camp
Volunteers performing duties during Blood Donation Camp
Camp in Newspaper Cuttings

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PURANI KITAABON SE SHIKSHA:
BOOK DONATION DRIVE”
01-12 FEBRUARY, 2021

DETAILS:

● Students and faculty members whole heartedly donated books for promoting education amongst poor children.
● 1938 books were donated.

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 15

YRC Volunteers explained about the drive to students of SD College
Students of SD College donate books for needy students
ONE DAY WORKSHOP ON FIRST AID & DISASTER MANAGEMENT FOR ADMINISTRATIVE STAFF
24 MARCH, 2021

DETAILS: The non-teaching staff of the college was provided training about First Aid, CPR & Disaster Management

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 44

Principal honour the Chief Guest
Photographs during the workshop
प्राथमिक चिकित्सा व आपदा प्रबंधन पर कार्यशाला आयोजित

अम्बाना चिकित्सा अस्पताल, अरुणाचल प्रदेश के अंतर्गत, समस्त योजनाओं के अंतर्गत एक वार्षिक कार्यशाला का आयोजन किया गया। यह कार्यशाला अम्बाना चिकित्सा अस्पताल के आयुर्विज्ञानिक संस्थान का एक हिस्सा है और उन्होंने तीन दिन के लिए अपने स्वास्थ्य कार्यक्रमों को और जागरूक करने के लिए यह कार्यशाला आयोजित की।

'कार्यशाला में प्राथमिक चिकित्सा की दी जानकारी'

कार्यशाला का आयोजन अधिकारी के विभिन्न कार्यक्रमों को प्राथमिक चिकित्सा की दी जानकारी देने के लिए किया गया। इस दौरान 60 से अधिक लोगों ने कार्यशाला में भाग लिया।

सांस्कृतिक रूप से, संवाद उत्कृष्ट, शहीद आक्रामक, शहीद आक्रामक और विद्युत आक्रामक सत्ता की सूची में नामांकन के लिए भाग लिया। यह दौरान एक अधिकारी के नेतृत्व में चिकित्सा की विभिन्न दृष्टियों को मार्गदर्शन करते हुए जागरूक किया गया। इस अधिकारी के नेतृत्व में बताया गया कि मानवीय कार्यों के लिए एक अधिकारी की भूमिका क्यों है।
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ARTIFICIAL LIMB DISTRIBUTION CAMP FOR DIFFERENTLY ABLED PEOPLE
30 MARCH, 2021

DETAILS:

- Duties were performed by volunteers in Red Cross Camp for Differently Abled People.
- Various duties were performed at registration counter, distribution of wheel chair, distribution of refreshment.

VENUE: PANCHAYAT BHAWAN, AMBALA CITY

NO. OF VOLUNTEERS: 10

Volunteers performing duties
Volunteers help disabled persons in Artificial Limb Distribution Camp
उत्तराखंड ने एडिया योजना के अंतर्गत दिव्यांजनों को 1282 सहायक यंत्र एवं उपकरण निश्चित किए वितरित

528 दिव्यांजनों को मिले सहायक यंत्र एवं उपकरण

Media Glimses
BOOK DONATION
01st APRIL, 2021

DETAILS: 250 books were handed over to Sh. Davinder Singh, Chairperson, Shri Shyam Foundation

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 04

Books handed over to Sh. Davinder Singh
News of Donation Drive in various Newspapers
अंतरराष्ट्रीय पुस्तक दान दिवस पर पुरानी किताबों से शिक्षा एक पुस्तक दान अभियान का आयोजन

अंबाला। सनातन धर्म कॉलेज की मुख्य रोड जॉन्स गुर्निट द्वारा श्री श्रीमती फाउंडेशन के साथ-साथ अंतरराष्ट्रीय पुस्तक दान दिवस के अवसर पर पुरानी किताबों से शिक्षा एक पुस्तक दान अभियान का आयोजन किया गया था। यह अभियान 1 में 12 फरवरी 2021 तक चला जिसमें छात्रों के साथ-साथ कॉलेज के प्रिंसिपल एवं अन्य स्थानीय कॉलेजों के प्रिंसिपलों ने पुस्तकों को दान करने का आग्रह किया था।

इस अभियान का लाभ जरूरतमंद बच्चों को पुरानी किताबें प्रदान करने का दान देने था। इस अभियान के दौरान लोगों के द्वारा 2,000 में अधिक पुस्तकें दान दी गईं, जिसमें से 1 अप्रैल 2021 को कॉलेज की पूर्व रेड जॉन्स गुर्निट द्वारा शीतल गुर्निट की बांटी गईं। यह अभियान परम्परागत रूप से देखी जा रही है।

अंतरराष्ट्रीय पुस्तक दान दिवस के अवसर पर शिक्षा एक पुस्तक दान अभियान आयोजित

News of Donation Drive in various Newspapers
SANATAN DHARMA COLLEGE
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DISTRIBUTION OF SANITARY PADS
04 APRIL, 2021

DETAILS:

- 180 Sanitary Pads were distributed in the slum areas of Ambala Cantt.
- The Sanitary pads were sponsored by Shri Shyam Foundation.
- The females of the area were familiarized with the importance of using Sanitary napkins and maintaining personal hygiene.

VENUE: AMBALA CANTT

NO. OF VOLUNTEERS: 04

Volunteers during camp
Gio Tag photographs of camp
एसडी कॉलेज के यूथ रेड क्रॉस यूनिट ने चलाया सेंटरी नैपूकन वितरण अभियान

अभ्यास कायम, 4 अक्टूबर 2021:
सहल या बॉली हमारी जीवन की अंतिम पत्ते ने बीश महादेव पार्क जी के गांधी में हिला लेकिन, मिसाल नैपूकन अभियान आरंभित किया। इस अभियान के आरंभ सुनियात ने हांग दी कठोरता को बर्बाद रूपों में धारण करने की चीजें दिखाई दी जिसमें भी यह आ गया कि यूनिट के कार्यक्रम के युवा साक्षात्कारक के साथ शामिल होने के लिए चाहिए।

सेंटरी नैपूकन वितरण अभियान चलाया

अभ्यास कराने का दौरा बड़े दर्शनीय क्षेत्र सर्वोत्तम रूप से दिखाई देता है। इस अभियान का लक्ष्य एक है कि युवा बने नैपूकन वितरण को मान्यता देना।

महिलाओं को वितरित किए सेंटरी नैपूकन

‘प्रकटिका के तौर पर’ महिलाओं को सेंटरी नैपूकन वितरित किए जा रहे हैं। सेंटरी नैपूकन वितरण के लिए महिलाओं ने उन्नति की एक व्यस्तता देखी।

रेडक्रॉस यूनिट ने महिलाओं को किया जागरूक

भारतीय सेना युद्ध नैपूकन का सेंटरी नैपूकन वितरण में जागरूकता बढ़ायी।

Media Gimpses

SANATAN DHARMA COLLEGE
AMBALA CANTT
ONE DAY WORKSHOP ON
FIRE FIGHTING & DISASTER MANAGEMENT
16 APRIL, 2021

DETAILS:

● Fire Station Officer Sh. Ramesh Kumar gave a lecture on how to control fire under any kind of disaster.
● Teachers and students learned how to run Fire Extinguishers.
● Dr. Naveen Gulati highlighted the need of these workshops in current times.

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF VOLUNTEERS: 10

Glimpses of the Event
Glimpses of the Event
अबाला। सनातन धर्म कॉलेज की युव रेड क्रूस स्कूल व राष्ट्रीय सेवा दोंतीने नेहरियाना फायर एक्टैजी सलिस, मृदुलकिन नेहरियाना, अन्नाला रत्ना के सहयोग से अंग्रेजी अदालत क आयोजन पक्ष पर एक दिवसीय कार्यालय का आयोजन किया। जिसमें कॉलेज के मंत्रियों, गैर मंत्रियों व वाशन एवं एक एक स्कूल के स्कूल संबंधी वाशन ने भी। इस कार्यालय के दौरान उपस्थित लोगों को आयोजन के दौरान अदालत को दृष्टि के लिए इस कार्यक्रम का उल्लेख किया। कार्यालय के दौरान मुख्य ट्यूना के रूप में फायर ऑफिसर महाकुष्ठी ने सबका फायर संस्थान अफिसर सुप्रीम, राम कुमार व रामन ने दिया। कॉलेज कार्यालय से जुड़े हिस्से ने बताया कि इस एक्टैजी के अंग्रेजी अदालत का आयोजन किया जा रहा है और भाषा. कॉलेज जनसंघ अधिकारी है। नवीन गुलामी ने कहा कि इस आयोजन के समय में इस प्रकार के कार्यालय का आयोजन किया जा रहा है और पूर्ण. कॉलेज इस प्रकार के कार्यालय सम्पूर्ण समय पर आयोजन करना लगा। कार्यालय के दौरान विशेष रूप से दलील के साथ-साथ वाशन एवं प्रशासन के स्कूल के रूप से उपयोग रहे।
VACCINATION CAMP  
02 & 06 MAY, 2021

DETAILS:

- A corona vaccination camp was organized in college campus.
- The registration process for vaccination was explained by the volunteers.
- College staff also got vaccinated. Our college Principal, Dr. Rajinder Singh, encouraged everyone to get vaccinated.

VENUE: S.D COLLEGE, AMBALA CANTT

NO. OF PARTICIPANTS:

WORLD RED CROSS DAY CELEBRATION  
08 MAY, 2021

DETAILS:

- Inter College Online Painting and Content Writing Competition was organised on the occasion of World Red Cross Day.
- Topics of these competitions were based on COVID pandemic.
- 200 entries were received by the different colleges of different states.
- E-certificates were provided to all the participants.

VENUE: SOCIAL MEDIA

NO. OF PARTICIPANTS: 200
WEBINAR ON
“COMPOSTING & VERMICOMPOSTING”
17 MAY, 2021

DETAILS:

- Ms. Zeenat Madan welcomed everyone with joy and warmth.
- Resource person Prof. SS Hundal gave a brief lecture on the system of waste management.
- Dr Rajindar Singh highlights the process of vermicomposting in our college.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF PARTICIPANTS: 205 participants

Screenshots of Webinar
ONLINE WORKSHOP ON “PSYCHOSOCIAL COUNSELLING & HELPER SKILLS
24 MAY, 2021

DETAILS:

● Ms. Zeenat Madan Welcomed everyone present there.
● Impact on social media on one's mental state was discussed in detail.
● Resource person also highlighted the technology's adverse effect on human behaviour.
● Ways of developing student’s skills were also discussed.

VENUE: SOCIAL MEDIA (ZOOM)

NO. OF PARTICIPANTS: 150 participants

WEBINAR ON "IMPORTANCE OF
HEALTH IN COVID-19"
28 MAY, 2021

DETAILS:

● Dr Arti introduced the resource person with everyone.
● Resource person discussed the Waves of Corona and its impact on our minds.
● She also highlighted symptoms of coronavirus and ways by which an infection can be spread easily.
● She requested everyone to maintain positive mental health.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF PARTICIPANTS: 150 participants
Screenshots of Webinar

SANATAN DHARMA COLLEGE
WEBINAR & INTERACTIVE SESSION ON
"BOOSTING IMMUNITY AND HEALTH"
29 MAY, 2021

DETAILS:

● Ms. Chhavi Goel shared 4 ways by which we can have a nutritious and healthy Lifestyle.
● The resource person highlighted the importance and need of healthy eating.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF PARTICIPANTS: 140 participants

Screenshots of Webinar
Screenshots of Webinar
PLEDGE TAKING CEREMONY ON
“WORLD NO TOBACCO DAY”
31 MAY, 2021

DETAILS:

- Ms. Zeenat Madan welcomed everyone.
- Resource person gave a brief DETAILS of health issues caused by tobacco.
- Volunteers took pledge that they will never consume tobacco and will create awareness amongst everyone regarding this.

VENUE: SOCIAL MEDIA (GOOGLE MEET)

NO. OF PARTICIPANTS: 140 participants

MEGA VACCINATION CAMP
09-10 JUNE, 2021

DETAILS:

- More than 600 people got their first dose of Covishield vaccine.
- Principal Dr. Rajinder Singh said that everyone should be vaccinated in order to overcome this pandemic situation.
- Volunteers performed different duties in this camp.
- Refreshment was given to volunteers.

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF PARTICIPANTS: 10 Youths
Camp Glimses
मेगा वैक्सीनेशन कैंप आयोजित

मेगा वैक्सीनेशन कैंप आयोजित

एस.डी कॉलेज में कोविड-19 प्रतिरोध की पहली डोज मेगा वैक्सीनेशन हुआ आयोजित

सनातन बांध कॉलेज में 18 से 44 आयुर्वेद के युवाओं के लिए मेगा वैक्सीनेशन कैंप का किया आयोजन

600 लोगों ने कोविड-19 की पहली डोज लगवाई

Media Glimses
NATIONAL LEVEL SPEECH COMPETITION  
14 JUNE, 2021

DETAILS:

● On the occasion of WORLD BLOOD DONAR DAY, online national level speech competition was organised.
● The importance of donating blood was the main theme of this competition.
● E-certificate were given to all participants.

VENUE: SOCIAL MEDIA

NO. OF PARTICIPANTS: 50 Participants

INVITED TALK ON “PAST, PRESENT & FUTURE OF PANDAMICS”  
16 JUNE, 2021

DETAILS:

● Dr. Tondon briefed the different causes and methods of transmission of Corona Virus and then he also gave a brief lecture on its impact on our physical health.
● He also encouraged everyone to get vaccinated as soon as possible.

VENUE: SOCIAL MEDIA (CISCO WEBEX)

NO. OF PARTICIPANTS: 150 Participants
Screenshots of Webinar
एस.डी कॉलेज में ऑनलाइन कार्यशाला का किया गया आयोजन

चयनित इंस्टीट्यूट, 17 जून (अनुमानित समय) - समाज के लिए एक नया पर्यावरण और भविष्य के लिए एक नया प्रकार का आयोजन करता है। इस आयोजन का नाम "एक दिवसीय ऑनलाइन कार्यशाला का आयोजन" है।

यह आयोजन एस.डी कॉलेज के साथ हुआ है और इसमें विभिन्न विषयों के बारे में दो संबंधित टैम्पलेट्स एवं प्रस्तुतियों के साथ हुई।

आयोजन के लिए निर्देशन प्राप्त करने के लिए नीचे दी गई कड़ियों पर करें क्लिक।

आयोजन के बारे में और कुछ जानने के लिए अधिक जानकारी लिए।
DETAILS:

- A slogan writing competition was organised on the topic on mental strength during Covid pandemic.
- The main aim of this competition was to spread awareness regarding importance of good mental health.
- Everyone was requested to maintain mental peace and spread positivity around them.

VENUE: SOCIAL MEDIA

NO. OF PARTICIPANTS: Participants

YOGA DAY CELEBRATION
18-21 JUNE, 2021

DETAILS:

- A four-day yoga session was organised in the college.
- Volunteers have learnt different yoga postures.
- Dr. Rajinder Singh encouraged everyone to do yoga daily for a good and healthy lifestyle.

VENUE: SANATAN DHARMA COLLEGE, AMBALA CANTT

NO. OF PARTICIPANTS: 50 Youths
Yoga Day Glimses
एसडी कॉलेज में 4 दिवसीय योग शिविर में स्वास्थ रहने के टिप्स दिए

अम्बाला कॅट के एसडी कॉलेज में 4 दिवसीय योग शिविर का सोमवार को समापन हो गया। शिविर के सफल आयोजन में आयुष्विभाग ने योगदान दिया। प्राचार्य डॉ. राजेंद्र सिंह ने बताया कि शिविर में यूथ रेडक्रास यूनिट से डॉ. जयदीप चौहान, प्रो. सोमेश, एनएसएस यूनिट से प्रो. जीनत महान, प्रो. तेजीदर, डॉ. सतबीर, एनसीसीयू यूनिट से प्रो. चिमन व शारीरिक शिक्षा विभाग से डॉ. राजेश का योगदान रहा।

अंतरराष्ट्रीय योग दिवस पर अम्बाला कॅट के एसडी कॉलेज में प्राचार्य डॉ. राजेंद्र सिंह सहित प्रो. डा. नवीन गुलाबी, यूथ रेडक्रास यूनिट से डा. जयदीप चौहान, प्रो. सोमेश, एनएसएस यूनिट से प्रो. जीनत महान, प्रो. तेजीदर, डॉ. सतबीर, एनसीसीयू यूनिट से प्रो. चिमन व शारीरिक शिक्षा विभाग से डा. राजेश के निदेश में योग कैष में भाग लेते हुए।© विज्ञापन

Media Glimses