



Admission Brochure(2024-2025)

"Explore the World of Home Science: Your Path to Empowerment and Innovation" at

SANATAN DHARMA COLLEGE, AMBALA CANTT

No 1
Aided College
In Haryana

Recognized for our environmental, ethical, academic, co-curricular performance & community engagements

- Accredited with Grade "A++" at CGPA 3.72 in the fourth cycle by NAAC, Bangalore
- College with potential for Excellence twice by UGC, New Delhi(2010-2019)
- An ISO 9001-2015, 14001:2015, 50001:2018 Certified Institution(2022-2023)
- Swachh College Award by Municipal Council, Ambala Sadar
- State YRC Award for commendable work in human welfare activities twice by Hon'able Governor
- Best NSS Unit Award thrice by Kurukshetra University, Kurukshetra
- Recognition from MGNCR Education, MHRD,GOI for Community Development , Rural Upliftment & Best COVID Campaign
- District Green Champion Award by MGNCRE, Ministry of Education,GOI
- Exemplary Record of winning Overall Trophy in Kurukshetra University Zonal Youth Festival for 45 times in a row (Dance, Drama, Singing, Fine Arts, Literary)



SANATAN DHARMA COLLEGE

AMBALA CANTT. HARYANA

NAAC Accredited Grade 'A++' with CGPA 3.72 in the fourth cycle

College with Potential for Excellence - UGC, New Delhi (2010-2019)



ABOUT SANATAN DHARMA COLLEGE

Our College is not only a unique educational institution of North India but also holds a pre-eminent position in the glorious past of this region. In 1916 the institution was set up in Lahore, under the dynamic leadership of Bharat Ratna **Mahamana Madan Mohan Malviya** ji, the backbone of Sanatan Dharma. After the partition of the country, the college was re-established in Ambala and the foundation stone of the building was laid by none other than India's first President **Dr. Rajender Prasad** on 3 October 1951. Since then the college has witnessed the passage of great men and women through its portals. Eminent Statesmen like **Dr. N N Vohra**, Governor, J & K; **Mrs. Sushma Swaraj**, Minister of External Affairs; **Sh. Anil Vij**, Minister of Health & Sports, Haryana; Nobel Laureate and Nuclear Physicist, **Dr. Abdus Salam**; Numerous Doctors, Engineers and Academicians are a product of this institution which has withheld its traditional past while embracing the ideas of the Technological world.



Centurial Quality
Education



UGC Approved
College



Affiliated to Kurukshetra
University, Kurukshetra



A++ Grade Accredited
with NAAC



A Message from the Principal

Welcome to our esteemed college, a pioneer in delivering top-notch professional courses that shape the leaders and innovators of tomorrow. With a legacy of academic distinction and a commitment to holistic development, we take pride in offering industry-relevant programs that prepare students for dynamic careers in today's rapidly evolving landscape.

Ranked as the best college in Northern India, and distinguished as the first in Haryana and second nationwide to achieve the highest grade of **A++** with a stellar **CGPA of 3.72** in the fourth cycle, our college stands as a shining example of our dedication to academic excellence. This prestigious recognition highlights our commitment to providing students with a world-class education that empowers them to excel in their chosen fields.

Our professional/skill oriented undergraduate programs, including BCA, B.Voc Software Development, B.Sc IT, B.Sc Home Science, B.Com, and BBA, are meticulously designed to equip students with the knowledge, skills, and practical experience needed to thrive in today's competitive job market. With a focus on industry relevance, hands-on learning, and experiential training, our programs ensure that graduates are not only work-ready but also

possess the critical thinking, problem-solving, and leadership skills necessary for success in the digital age. Our entire curriculum is based on the National Education Policy (NEP) 2020, ensuring relevance and alignment with the latest industry trends and standards.

What sets us apart is our focus on multi-skill development, which forms the cornerstone of our educational philosophy. Alongside academic excellence, we prioritize the holistic development of our students, equipping them with a diverse range of skills and competencies that are essential for success in the modern world.

At our college, we believe in nurturing talent, fostering innovation, and empowering students to realize their full potential. Join us, and we'll provide you with the tools, support, and opportunities you need to be work-ready and life-ready.

Welcome to a place where excellence meets opportunity, and where your professional aspirations become a reality.

Jai Hind !

DISCOVER EXCELLENCE:OUR CAMPUS & FACILITIES

Nestled on the Ambala-Jagadhri National Highway, our 16-acre campus has a rich heritage dating back to 1951 when Dr. Rajendra Prasad, India's first President, laid its foundation stone. The architectural blend of traditional elegance and contemporary design, envisioned by Sh. Nand Kishore and overseen by Seth Moti Prasad Ji, reflects our commitment to excellence. Our classrooms are innovation hubs equipped with state-of-the-art audio-visual aids, smart boards, and e-resources, fostering interactive learning. Our lecture recording studio ensures

valuable sessions are preserved. Embracing sustainability, solar panels power our facilities, and bio-gas plants manage waste. Join us on a journey of knowledge, innovation, and transformation.



**EXPERIENCED &
HIGHLY QUALIFIED
FACULTIES**

**E- RESEARCH
RESOURCES WITH
RICH DIGITAL
LIBRARY OF BOOK
BANK FACILITY**

**MODERN
(22)LABORATORIES
WITH LATEST
TECHNOLOGY OF
AUDIO-VISUAL AIDS**

**INDOOR & OUTDOOR
SPORTS FACILITIES
SUPPORTED BY
EXPERIENCED
COACHES**

**POLLUTION FREE &
LUSH GREEN
AMBIENCE**

AUDITORIUM

Wi-Fi CAMPUS

**SMART CLASS
ROOMS**

CCTV CAMERAS

SEMINAR HALLS

**NSS ROOM & NCC
ROOM**

SOLAR PANELS

PARKING FACILITY

**PLACEMENT CELL
ROOM**

CRAFTING FUTURES:THE HOME SCIENCE DEPARTMENT



Home Science is a unique field of knowledge. It is an interdisciplinary approach in synthesizing knowledge drawn from physical and biological sciences, social-sciences, arts and humanities has enriched its educational programmes. It caters to the present day needs of education in order to meet the rapidly changing demands of family life and the multiple roles that woman has to play in home as well professional life. The different areas of specialization also concentrate on providing suitable training to the students for various job



opportunities. The trained graduates with rich experience and confidence are absorbed with the Government Organizations, International Agencies, NGOs, Food Industries, Hospitals, Textiles Industries, Restaurants Chains & Catering establishments, Health fitness clubs. They can also work as Teachers, Counselors, Sales-managers, Apparel & Interior Designers, Entrepreneurs, Paramedical Consultants, Researchers and Field workers as Community Development Programme Officer. Thus, Home Science empowers woman personal, professional, social, entrepreneurial and economic fronts. The faculty comprises of highly qualified and experienced members, instrumental in imparting a high standard of education of its students. The faculty also participates in national and international conferences, seminars and workshops. They are also contributing in various technical and professional bodies related to Home Science.

In anticipation of the changing environment and also the changing skill sets of professionals in modern industries, the curriculum has been revised to make it more relevant, holistic, contextual, and specialized. The Home Science Association aims to prepare young girls into skilled human resources with rich moral and social values who can give their best for the national development.

MISSION

Provides scientifically planned, multi-dimensional, skill oriented, personality development courses which enable young girls to excel in areas of health, family care, community service and more importantly diverse career and professions in today's context.

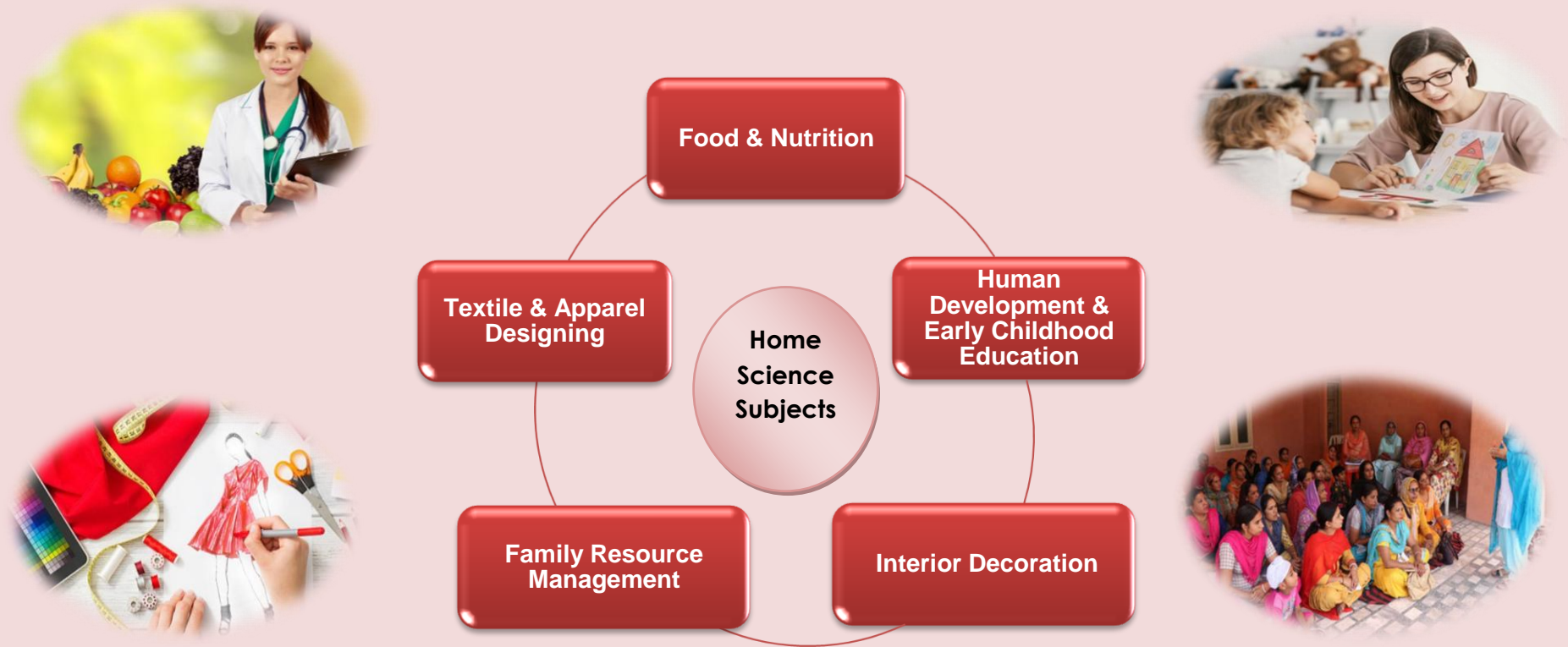
- Provide education not only to acquire knowledge but also to inculcate a sound philosophy for holistic living.
- Educate young girls towards independence and equality by inculcating a sense of self-worth, integrity and purpose.
- Empower young girls to respond creatively and with a sense of responsibility to the contemporary needs of the society.
- Provide quality education and at the same time inculcate a spirit of service and dedication.



VISION

Empowering young girls with quality education and motivate them to become agents of social change by stimulating their creative faculties, powers of reasoning and reflection in global perspective for development of the self and society.

CORE SUBJECTS & COURSE CONTENT



Home Science as an interdisciplinary field, it focuses on integrating relevant concepts from physical, biological, social, behavioral, agricultural and environmental sciences, encompassing essential elements for enriching individual, family and community life. It basically equips students/learners with scientific knowledge and skills needed to solve real life problems, develop entrepreneurial aptitude and ensure employability.



FOOD & NUTRITION

The Food & Nutrition subject endeavors to achieve excellence in teaching and research for outreach community, industry and institutions to ensure promotive health for all.

In the neoteric era of health & fitness with changing trends and vocationalization, there is increased awareness about health and lifestyle by prevention of several diseases with management. Foods & Nutrition subject lays emphasis on basic level to equip the students with latest skill set. The subject offer hundred percent self-employment and placement opportunities which cater to the present day demand of specialized expertise at all levels, viz. Regional, National, and at Global Level. The subject have been also diversified and updated to meet the emerging needs and challenges in the areas of Food and Nutrition. This has been achieved by giving emphasis to research, community work focusing on capacity building of various sections of population, seminars, internships, educational tours, conferences and workshops along with the course work

Specialized courses in
sync with industry -
academia needs

Emphasizes development
of entrepreneurial and
vocational skills

Experienced,Dedicated
faculties,Members of
Board of studies of
Various Institutions

Focus on updating with
National and Global
issues and concerns

Practical exposure
through internships, field
visits, project work,
expert lectures,
demonstrations,
workshops and seminars

Moodle Leaning
Management System
(LMS)

College Information
Management
System(CIMS)

Innovative and strong
practical base

Provides Affordable fees
structure

Career Opportunities & Placements

Private and Government Hospital

Private Clinic

Health and Fitness Centers

NGOs: Regional, National and International

Counsellors in Schools

Teaching profile in Schools and Colleges

Entrepreneurial Ventures

Hospitality and Tourism Industry

MNCs

Government Programs(ICDS,MDM etc)

Government Agencies(NIPCCD)

Catering Management Industry

Food Industry

Research and Academics



HUMAN DEVELOPMENT & FAMILY RESOURCE MANAGEMENT

It is a multi disciplinary subject devoted to understanding the nature of human development across the life span in a culturally diverse, changing and complex world. It focuses on contextual and systemic frameworks to the study of development and relationship processes through research, teaching and application. The students are engaged in learning about theories and principles of development, research methods, early childhood education and policy. A focus is placed on childhood and family life in Indian communities. Through intense practical knowledge and visits, the students are repeatedly sensitized to issues of diversity, disability and disadvantage so that they develop the capacity for working with children, adolescents and adults in diverse contexts. The curriculum is broad-based and interdisciplinary with a balance between classroom learning and field opportunities.

Career Opportunities & Placements

▶ Govt./private agencies/NGO working with young children, adolescents, women, elderly, social welfare, education and human development

▶ Creche/Day Care Centre

▶ Family Life Educators

▶ Elementary and Secondary Education

▶ Social Worker

▶ Special Educators in schools & college

▶ In higher education As Academicians, Research Associates and Researchers.

▶ International & National Agencies like WHO, UNICEF, NIPCCD, ICCW, ICMR etc.

▶ Special Educators in Schools and Colleges

▶ Entrepreneurial Ventures



EXTENSION EDUCATION & COMMUNICATION MANAGEMENT

This subjects develops understandings and skills in culturally appropriate behavior change communication and extension strategies for promoting gender equity, social inclusion and sustainable development. Curriculum provides strong theoretical foundations and experiential learning to meet the existing market demands for trained professionals in participatory development processes and communication for sustainable change. It also create a holistic understanding between development issues, programme management, development of media and strategies for sustainable change. The students are trained in Behavior Change Communication methodologies. They acquire professional skills in developing radio programmes and documentary films along with designing a wide range of



print media. To create effective development practitioners, the key components of the curriculum are- advocacy for policy and behavior change communication; design, monitoring and evaluation of development programmes and initiatives; and training and capacity building of different stakeholders involved in the development process.

Career Options & Several Career Opportunities are available to students in India and abroad:

DESIGN, PRODUCTION AND EVALUATION OF MEDIA: Students get placements as media developers, content developers and editors, development journalists, researchers and evaluators.

TRAINING AND RESEARCH IN DEVELOPMENT: Several students take up careers in the field of training and capacity building, social research, market research, policy formulation and development of new media and strategies for development programmes in both government and non-government organisations.

PROGRAMME MANAGEMENT AND EVALUATION IN DEVELOPMENT SECTOR: Students who are keen on programme monitoring and evaluation, administration, human resource management, corporate communication and training take up positions in Corporate Social Responsibility initiatives of corporate houses, Government departments and national and international bilateral agencies.

EDUCATION SECTOR: Many students join careers in the Education sector as faculty either at University, college or school level.

Textile & Fashion Designing

The subject equips students with an understanding of design and technology in fabrics and apparel along with an appreciation of our rich textile heritage. Students undergo various design concepts with necessary proficiencies for a wide variety of careers with entrepreneurial skills and placements in apparel and textile industries.

Career Opportunities & Placements



▶ Textile & Consumer Designer

▶ Fashion Illustrators

▶ Quality Assessment Managers

▶ CAD Experts

▶ Retail Branch Managers

▶ Fashion Merchandisers

▶ Visual Merchandisers

▶ Production Assistants

▶ Academicians

▶ Entrepreneur (Self
Employment) Boutique Business or
Article Designer

COURSE CONTENT

SEMESTER-I

Home and Interior
Decor+Practical
Fundamentals of
Clothing &
Textiles+Practical
Introduction to
Human
Development+Prac.
Consumer
Education+Practical

SEMESTER-III

Basic of Clothing
Construction &
Apparel
Designing+Practical
Food
Science+Practical
Life Span
Development+Prac.
Hygiene & Human
Physiology+Practical

SEMESTER-V

Normal &
Therapeutic
Nutrition+Practical
Traditional Textiles &
Embroidered of
India+Practical
Life Span
Development-
II+Practical

SEMESTER-II

Nutrition
Science+Practical
Family Resource
Management+Prac
Extension Education &
Communication+Prac
Housing & Space
Management+Prac.

SEMESTER-IV

Advanced Apparel &
Textile designing
+Practical
Early Childhood
Education and
Special Need
Children +Practical
Food microbiology &
biochemistry+Prac

SEMESTER VI

Family Dynamics &
Counseling+Practical
Fashion
Merchandising &
Entrepreneurship
+Practical
Advanced
Therapeutic
Nutrition+Practical
Entrepreneurial
Trends & Techniques
+Practical

- Courses would be added like MDC, AEC, SEC, VAC from pool list of credit as per NEP.
- **As per the rule of the Kurukshetra University, students must have the required attendance both in Theory and Practical separately of practical subjects in order to appear for per semester examinations.**

ADD-ON /CERTIFICATE COURSES

Make value-addition to your graduation through career-oriented professional courses.

- **Cosmetology and Beauty Care**
- **Diploma in Cosmetology**
- **Advanced Diploma in Cosmetology**
- **Apparel Designing**
- **Basics of Interior Designing & Decoration**
- **Basics of Baking & Cookery**

- ❖ Add-on Courses comprises Certificate, Diploma and Advanced Diploma Courses spread over one, two and three years respectively. Examination will be conducted at the end of the course as per university guidelines.

ADMISSION/ELIGIBILITY CRITERIA

- ✓ Admission in the Department of Home Science is open to women only.
- ✓ Admission is open to all women irrespective of their race, religion, caste, color or domicile.
- ✓ Higher Secondary Certificate (10+2) with at least 40% marks in aggregate passed from CBSE/ICSE/State Board with English as one of the compulsory subject.
- ✓ Special Scholarship Schemes are also provided to the needy and meritorious students.

If the student is found to be admitted from an unrecognized Board her admission will stand cancelled.

For admission details refer to the online website: <https://www.sdcollegeambala.ac.in/>

For Online Admission register at: <https://forms.gle/5P979VqAaLy2sDny5>

EXPLORING HORIZONS:CO-CURRICULAR ADVENTURES WITH THE HOME SCIENCE ASSOCIATION

S. No	Date	Event	Organizing/Collaborating Unit	Venue	Participants
1	11-Aug-23	Painting Competition	Home Science Association	Home Science Lab-2	23
2	18-Aug-23	Mehendi Competition & Mehendi Services	Home Science Association	Home Science Lab-1	21
3	24-Aug-23	Workshop on Usha Sewing Machine	Home Science Association	Home Science Lab-1	34
4	13-Sep-23	Health Talk on Millets	Home Science Association	Home Science Lab-1	41
5	20-Sep-23	An Awareness Talk on Anemia	Home Science Association and NSS	Seminar Hall 1 st floor	97
6	29-Sep-23	An Awareness Talk on Food Loss and Waste Reduction	Home Science Association, NCC & Nutrition and National Health Science Association	CDR Room	59
7	16-Oct-23	An Initiative Talk on Water is Life, Water is Food, Leave No One Behind	Home Science Association and NSS	Seminar Hall 1 st floor	102
8	16-Oct-23	Workshop on Clay Modeling	Home Science Association	Home Science Lab-2	03
9	26-Oct-23	Recipe Competition	Home Science Association and IIC	IIC Room	24
10	31-Oct-23	Mehendi Services and Competition	Home Science Association and IIC	Home Science Lab-1	18

11	01 to 04-Nov-23	Workshop on Handicraft Items	Home Science Association	Home Science Lab-2	16
12	07-Nov-23	Workshop on Bakery Products	Home Science Association and EDC	Home Science Lab-2	16
13	09-Nov-23	Diwali Fest	Home Science Association and IIC	CollegeGarden-2	31
14	21-Feb-24	Bakery Workshop	Home Science Association, EDC and IIC	Home Science Lab-1	51
15	08-Mar-24	Visit to Village	Home Science Association	Khelan Village	14
16	11-Mar-24	Visit to GMN Public School	Home Science Association	Alexander Road,Ambala Cantt.	06
17	12-Mar-24	Visit to Old Age Home	Home Science Association	Apna Ghar	06
18	13-Mar-24	Visit to Vatsalya Special School	Home Science Association	#56, Staff Road, Ambala - 133001 (Haryana Waquf Board)	06
19	03-April-24	Visit to Counselling Centre	Home Science Association	Civil Hospital, Ambala Cantt.	06
20	24-April-24	Skill Mastery in Action	Home Science Association & IIC	Home Science Lab-2	20





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EMPOWERED ENTREPRENEURS: WOMEN ALUMNI IN HOME SCIENCE

Department of Home Science endeavors to create and strengthen a lifelong bond between the college and its alumnae and foster camaraderie among them. By creating an environment whereby the alumni can support their alma matter with their work, wisdom and resources and the accomplishments of Alumni can be recognized and celebrated. The department encourages information sharing, networking and community work.

Alumni Names with their Start-ups & Business Plans

Sr.No.	Name	Job Profile	Address/Organization	Session
1	Tamanna	Bakery Artist & Owner @ Sugar Tales Bakery	Address #1182 Old Anaaj Mandi, Mullana distt. Ambala.	2017-2018
2	Anwasha	Assistant Professor	Sanatan Dharma College, Ambala Cantt.	2017-2018
3	Harshpreet Kaur	Nail Extension Artist	Start-up, Ambala Cantt.	2017-2018
4	Dharvi Awasthi	Dance Teacher	Happy Champs, Bangalore	2017-2018
5	Neha Rai	Counsellor	Asha Child Care and Development Clinic, Chandigarh	2017-2018
6	Amandeep Kaur	Sales & Marketing	Beauty Products (Home Business)	2017-2018
7	Manmeet Sandhu	Sales & Marketing	Beauty Products(Home Business)	2017-2018
8	Ramandeep Kaur	PRT(English) Teacher	Cygnus High World School, Ambala, Haryana.	2018-2019
9	Nishtha Danwer	Educator	Vedic Kindergarten, DAV Junior Wing, Ambala Cantt	2018-2019
10	Sheenu Garg	English Teacher	Gurukul Global Creanza	2018-2019
11	Anisha Chaudhary	Dietician/Entrepreneur	Park Hospital, Karnal, Haryana/Goody Bytes	2018-2019
12	Tanya Sharma	Teacher	Asa Ram Senior Secondary School,Ambala Cantt.	2018-2019
13	Varsha	Dietician	Alchemist Hospital	2019-2020
14	Ruby	Beautician	Ruby Beauty Parlour ,Start-up,village Nagla, Handesra	2019-2020
15	Yogita	Assistant Professor	Arya College, Ambala Cantt.	2019-2020
16	Vanshika Syan	Customer Manager	Vartopia	2019-2020
17	Twinkle	Bakery Artist	@ Gurukripa Confectionery, Jhansa, Kurukshetra.	2019-2020

Sr.No.	Name	Job Profile	Address/Organization	Session
18	Akshi	Manager	Tech Mahindra	2019-2020
19	Monika	Dietician	Alchemist Hospital	2019-2020
20	Yashvi Shukla	Make-up	Yashimakeovers	2019-2020
21	Rashi Arora	Assistant Dietician	Maharishi Markandeshwar College of Medical Science & Research,Sadipur.	2020-2021
22	Anu	Teacher	Saraswati Public School	2020-2021
23	Ritika Bansal	Manager	Travel Nation, Ambala Cantt.	2020-2021
24	Riya Sharma	Assistant Dietician	Park Healing Touch Hospital,Ambala.	2020-2021
25	PriyankaYadav	Associate Dietician	Regency Renal Science Centre & Hospital	2020-2021
26	Vinita	Assistant Dietician	Adesh Medical College & Hopsital	2020-2021
27	Prachi Danwer	Cookery Expert	Cookery classes (Home Business)	2020-2021
28	Shikha Oberoi	French Teacher	Einstein International School	2020-2021
29	Sparsh Gumber	Dietician	Fitelo	2020-2021
30	Jasmine Kaur	Netsmartz IT Solutions Pvt. Ltd.	Plot No.10, Rajiv Gandhi, IT Park Rd. Chandigarh	2021-2022
31	Aru Singh	Netsmartz IT Solutions Pvt. Ltd.	Plot No.10, Rajiv Gandhi, IT Park Rd. Chandigarh	2021-2022
32	Khushi Ailawadi	Content Writer	Seoxport, Shop No.10.Near BJ Studio Dayal Bagh, Mahesh Nagar, Ambala Cantt.Email- er.abhishekbabyal@gmail.com	2021-2022
33	Sonal Purohit	PRT Teacher	Cecil Convent School Junior	2021-2022

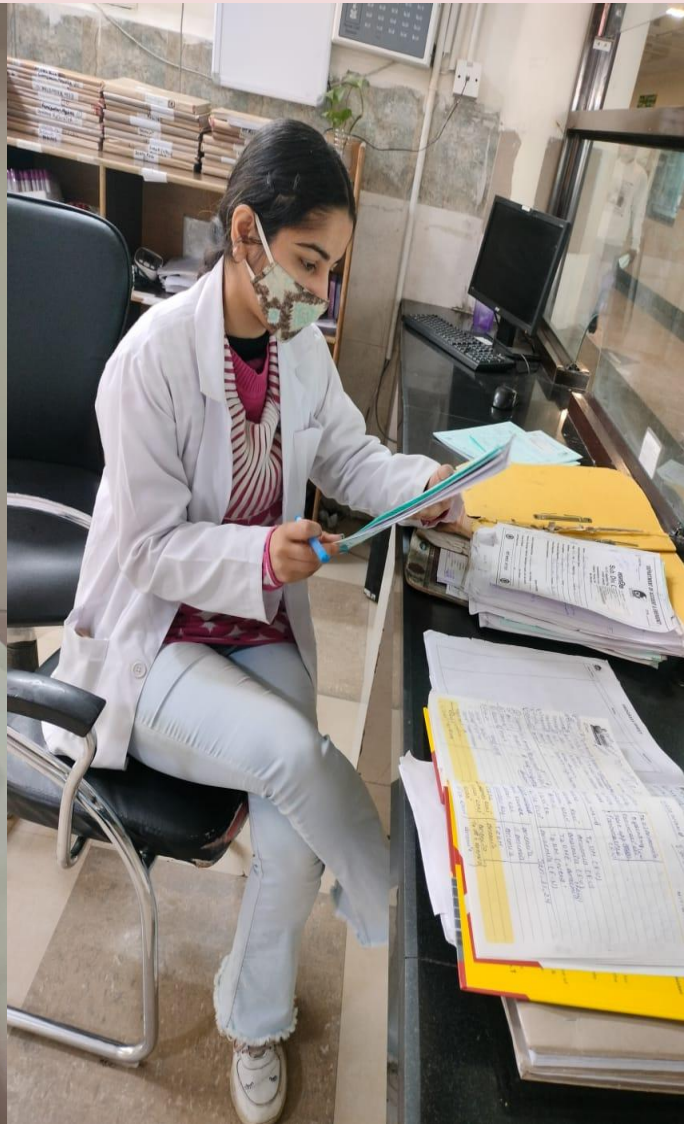
OUR PLACEMENTS



Dt. MONIKA

(Dietician)

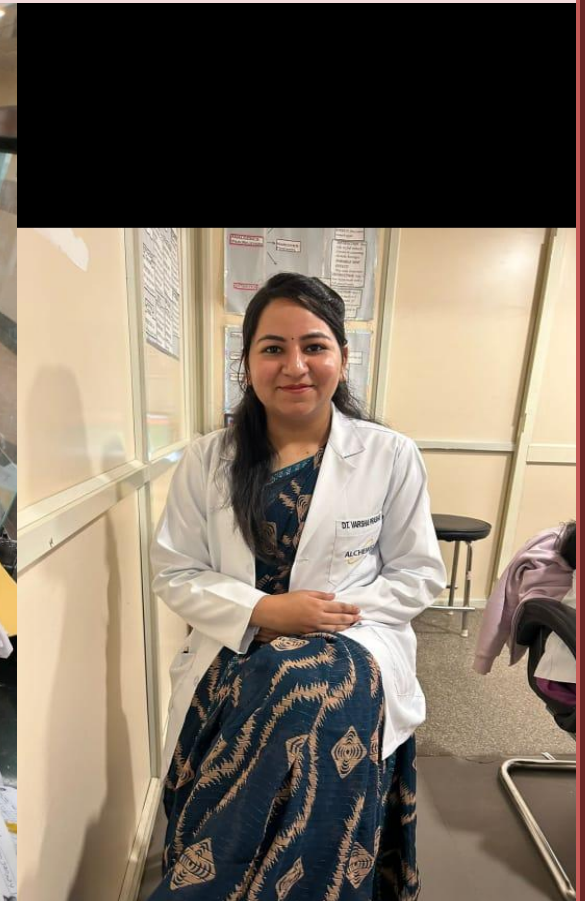
Alchemist Hospital, Panchkula



Dt. SIMRAN

(Dietician)

Civil Hospital, Ambala Cantt.



Dt. VARSHA

(Dietician)

**Alchemist
Hospital, Panchkula**



Dt. Rashi

(Dietician)

**Maharishi Markandeshwar University
Sadopur, Ambala**



Dt. Riya

(Dietician)

**Park Healing Touch Hospital,
Ambala**



Dt. Vinita Rana

(Dietician)

**Adesh Medical College & Hospital,
Ambala**



SPARSH GUMBER

(Dietician)

Fitelo

Mohali



ANU

(Educator)

Saraswati Public School,

Ambala



SONAL PUROHIT

(Teacher)

Cecil Convent School Junior,

Ambala



ANISHA CHAUDHARY

(Dietician)

Park Hospital, Karnal



PRIYANKA YADAV

(Associate Dietician)

**Regency Renal Science Centre &
Hospital**



VANSHIKA SYAN

(Customer Success Manager)

Vartopia



SHIKHA OBEROI

(French Educator)

Einstein International School

Ambala



SHEENU GARG

(Teacher)

GURUKUL GLOBAL CREANZA,

Patiala



ARU SINGH

(Manager)

NETSMARTZ IT

Mohali



RAMANDEEP KAUR

(PRT Teacher)

**Cygnus High World School,
Ambala**



YOGITA SHARMA

Assistant Professor

**Arya Girls College,
Ambala Cantt.**



NISHTHA DANWER

(Educator)

**Vedic Kindergarten, DAV
Junior Wing,
Ambala Cantt.**



RITIKA

(Manager)

**Travel Nation, Ambala
Cantt.**



YASHVI SHUKLA

(Entrepreneur & Make-up Artist)

Owner @ YASHIMAKEOVERS



TANYA SHARMA

(Teacher)

**ASA RAM SENIOR SECONDARY
SCHOOL, AMBALA**



The Start Up Cell of college works with team of mentors,co-ordinators and E-cell of students volunteers for providing the potential start-up ideas that caters the needs with both tech & non-tech solutions for various social,economic & industrial problems of the nation.



Ministry of Human Resource Development(MHRD),Govt.of India has established INSTITUTION'S INNOVATION CELL (IIC) to systematically foster the culture of Innovation amongst all Higher Education Institutes(HEIs).The Primary mandate of IIC is to encourage,inspire and nurture young students by supporting them to work with new ideas and transform them into prototypes while they are in their informative years.

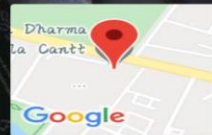
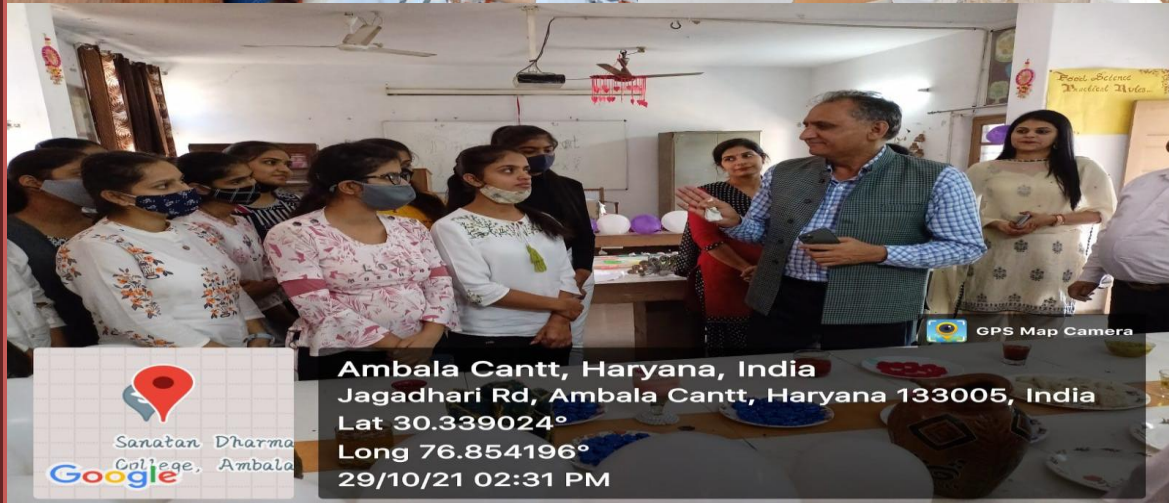


An Entrepreneurship Development Cell (EDC) has been functioning in Sanatan Dharma College, Ambala Cantt. The cell conducts workshops/panel discussions inviting entrepreneurs from various fields to encourage and nurture entrepreneurship among students. A technology incubation center has been set up to provide infrastructure and support for budding entrepreneurs.



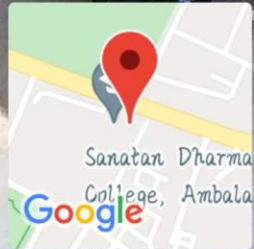
"A platform for encouraging filing of IPRs and patenting the products/technologies for the benefits of the Institute and thereby to society at large."IPR cell adopt a sound IP strategy,to secure IPR for a large base of highly qualified faculty and talented students of the college.College is also in the process of setting up structured processes to identify,facilitate and develop innovation.



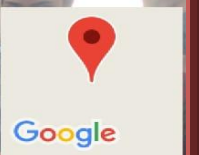


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Ambala Cantt, Haryana, India
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Ambala, Haryana, India
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25°C





हेल्थ टॉक इम्पोरटैंस ऑफ हेल्थ एंड न्यूट्रीशन विषय पर सेमिनार का किया आयोजन



अंबाला। सनातन धर्म कॉलेज, अंबाला छावनी होम साइंस एसोसिएशन एवं वूमैन सेल द्वारा हेल्थ टॉक इम्पोरटैंस ऑफ हेल्थ एंड न्यूट्रीशन विषय पर सेमिनार का आयोजन किया गया। डॉ. नवीन गुलाटी, विभागाध्यक्ष गणित एवं कॉलेज जनसम्पर्क अधिकारी ने मुख्य वक्ता प्रिया साहनी, होल्स्टिक न्यूट्रीशन का स्वागत पौधा देकर किया। प्रिया साहनी ने हेल्थ एंड न्यूट्रीशन से जुड़े विचार साझा किए। उन्होंने बताया कि वर्तमान में खान पान के बदलते रूप से होने वाले शारीरिक व मानसिक नुकसानों से अलग करवाया। उन्होंने होल्स्टिक डाइट के बारे में बताया कि कैसे हम अपने खान पान के तरीको का ठीक कर सकते हैं उन्होंने बताया कि फल और सलाद का अपने खाने में ज्यादा उपयोग करें। उन्होंने बताया कि भोजन में एक सम्पूर्ण थाली लेनी चाहिए जिसमें पूर्ण रूप से रोटी, सब्जी, चावल आदि होने चाहिए। प्रो. याशना बावा, विभागाध्यक्ष, प्रो. हीना, कन्वीनर वूमैन सेल ने विद्यार्थियों को अच्छी और हेल्दी डाइट लेने के लिए प्रेरित किया। कार्यक्रम का कुशल नेतृत्व प्रो. रीचा और प्रो. वर्षा ने निभाया।

एसडी कॉलेज में बेस्ट आउट वेस्ट की कार्यशाला आयोजित



बेस्ट आउट ऑफ वेस्ट के दौरान जायजा लेते हुए होम साइंस

आज समाज नेटवर्क

अंबाला। सनातन धर्म कॉलेज अंबाला छावनी में होम साइंस विभाग द्वारा बेस्ट आउट ऑफ वेस्ट की कार्यशाला का छः दिवसीय का आयोजन करवाया गया। सहायक प्रो. याशना बावा (संयोजक) ने बताया कि कैसे हम पुरानी चीजों को फेंकने की बजाए उसका उचित उपयोग कर सकते हैं। जैसे की पुरानी बोटलें व टूटी हुई प्लेटों से घर के लिए सजावटी सामान बनाया जा सकता है। वहीं दूसरी ओर सहायक प्रो. वर्षा (सह. संयोजक) ने बताया कि कैसे हम पुराने कपड़ों के टुकड़ों से मास्क व स्कंची बना सकते हैं। बचे हुए कपड़ों पर कैसे हम कड़ाई कर-के टेबल मैट व बैग जैसे अन्य सामान बनाए जा सकते हैं। कार्यक्रम का संचालन सहायक प्रो. रीचा सांगवान (सह. संयोजक) की देख रेख में किया गया।

इसके अंतर्गत विभाग का आयोजन भी करवा ऑफिस बेयरर का चुना बैच द्वारा सम्मानित किए (प्रेसिडेंट) सिमरन धर्मा प्रोत्साहित किया तथा भी कार्यक्रम होते रहे उस किया। जनसंपर्क अधिकारी नवीन गुलाटी ने भी बच्चों एंटरप्रेन्योर बनने के लिए हमें यह भी बताया की इ छात्रों में काम करने की तथा हम इन सब चीजों व्यापार चला सकते हैं।

करेंगे। इस अवसर पर भाजपा मंडल अध्यक्ष राजीव गुप्ता, अजय पराशर व किरणपाल चौहान मौजूद रहे। संरक्षित स्मारक इसलिए पुरातत्व

आर्ट एंड क्राफ्ट की तीन दिवसीय की कार्यशाला का आयोजन किया



अंबाला कवरेज@ अंबाला। सनातन धर्म कॉलेज अंबाला छावनी में होम साइंस विभाग द्वारा "आर्ट एंड क्राफ्ट" की तीन दिवसीय की कार्यशाला का आयोजन करवाया गया। सहायक प्रो. याशना बावा (संयोजक) ने आर्ट एंड क्राफ्ट की कला को बढ़ावा देते हुए छात्रों को इस विषय के बारे में जानकारी पूर्वक चीजें बताई। उन्होंने सिखाया की पुरानी पड़ी चीजों से हम कैसे सुंदर और डेकोरेटिव पीस बना सकते हैं। जैसे की पुरानी व टूटी हुई प्लेटों के ऊपर सुंदर चित्रकारी करके उनको सजावटी बनकर बाजार में भी प्रदर्शित कर सकते हैं। तथा हम पुरानी अखबारों व पेपर से पेपर बैग और प्लावर बना सकते हैं। इसी के साथ-साथ

हम लेकर इस पर की गीस को और बढ़ावा, जनकारी दी।

अंबाला। सनातन धर्म कॉलेज अंबाला छावनी में होम साइंस एसोसिएशन के उत्सव में कार्यशाला के साथ प्रदर्शनी का आयोजन किया गया। विभिन्न प्रो. याशना बावा, डा. रीचा सांगवान व प्रो. वर्षा की अहम भूमिका रही। हमें होम साइंस छात्रों द्वारा बनाए गए वस्तुओं की प्रदर्शनी लवाई। छात्रों ने किचन क्लाय को कि चकलेट मॉडल, शिक्ले दिवो की मजबूत, टी-शर्ट प्रिंटिंग, नोबेल को सुंदर-सुंदर वस्तुएं बनाई। हमें होम साइंस की सभी छात्राओं ने भाग लिया। यह प्रदर्शनी कॉलेज के

का सबाधत करत हुए काब्रस्तान का दीवार बनाने की घोषणा की थी। इस घोषणा का क्रिश्चियन समुदाय ने स्वागत किया था। घोषणा के महज दो महीनों

आर्ट एंड क्राफ्ट की तीन दिवसीय की कार्यशाला का आयोजन किया

चित्रकारी भी करनी सिखाई। छात्राओं ने भी इस रोचक कला में बढ़-चढ़कर भाग लिया तथा उन्होंने बहुत ही सुंदर और अलग-अलग आर्टिकल्स बनाए। इस कार्यशाला का संचालन सहायक प्रो. रीचा सांगवान (सह-संयोजक) की देखरेख में किया गया। कॉलेज के प्रधानाचार्य डॉ. राजेंद्र सिंह ने कार्यक्रम करवाने के लिए प्रोत्साहित किया तथा भविष्य में भी ऐसे कार्यक्रम होते रहे उसके लिए प्रेरित किया। जनसंपर्क अधिकारी डॉ. नवीन गुलाटी ने बच्चों की इस हस्तकला को उन्नति की तरह बढ़ावा देते हुए एंटरप्रेन्योर बनने के लिए प्रेरित किया। जनसंपर्क अधिकारी डॉ. नवीन गुलाटी ने भी बच्चों की भविष्य में एंटरप्रेन्योर बनने के लिए प्रेरित किया। हमें यह भी बताया की इन सब चीजों से छात्रों में काम करने की रूची आती है। तथा हम इन सब चीजों

आत्मनिर्भर किया।

सनातन धर्म कॉलेज में कार्यशाला के साथ प्रदर्शनी का आयोजन



अंबाला। सनातन धर्म कॉलेज अंबाला छावनी में होम साइंस एसोसिएशन के उत्सव में कार्यशाला के साथ प्रदर्शनी का आयोजन किया गया। विभिन्न प्रो. याशना बावा, डा. रीचा सांगवान व प्रो. वर्षा की अहम भूमिका रही। हमें होम साइंस छात्रों द्वारा बनाए गए वस्तुओं की प्रदर्शनी लवाई। छात्रों ने किचन क्लाय को कि चकलेट मॉडल, शिक्ले दिवो की मजबूत, टी-शर्ट प्रिंटिंग, नोबेल को सुंदर-सुंदर वस्तुएं बनाई। हमें होम साइंस की सभी छात्राओं ने भाग लिया। यह प्रदर्शनी कॉलेज के

निर्देश के मिल बढ़ावा

अंबा प्रदेश पूर्व कक्षा को 3 से वि होने है। पालि प्लान से ही स्थान 202 कॉलेज कर 1 अमार रखा नो रही ऑफ उसे शुल्क पहले शि फि कन को के ल डी नो नो नो लोड के पाने

होम साइंस विभाग में विद्यार्थियों के लिए ओरिएंटेशन का आयोजन



ओरिएंटेशन कार्यक्रम में भाग लेते हुए होम साइंस के छात्राएं।

अंबाला। सनातन धर्म कॉलेज अंबाला छावनी में होम साइंस विभाग में आगामी सब के विद्यार्थियों के लिए ओरिएंटेशन का आयोजन किया गया। कॉलेज प्रधानाचार्य डा. राजेंद्र सिंह ने सभी विद्यार्थियों का स्वागत किया और कहा कि जहाँ ज्ञान का फायदा एक साथ हमें मिल जाये, जहाँ ज्ञान की बढ़ोवरी होती है, जहाँ हम हमारे समर्थ का सदुपयोग करते हैं, उसे हम पुस्तकालय यानी कि लाइब्रेरी कहते हैं। उन्होंने सभी विद्यार्थियों को आनलाइन ऐन लिस्ट के ग्राम्म से कॉलेज की लाइब्रेरी का अधिक से अधिक प्रयोग करने के लिए प्रेरित किया। कॉलेज जनसंपर्क अधिकारी डॉ. नवीन गुलाटी ने सभी विद्यार्थियों को कोरोना से संबंधित हिदायतें देते हुए कहा कि हमें मास्क

एवं सोशल डिस्टेंसिंग का ध्यान रखते हुए कॉलेज में आकर कहाए लगानी हैं और खुब मेहनत करके अपने माता-पिता, कॉलेज का ही नहीं बल्कि अपने प्रदेश का भी नाम रोशन करना है। होम साइंस विभाग की विभागाध्यक्ष याशना बावा ने कार्यक्रम में उपस्थित सभी विद्यार्थियों को होम साइंस के सभी विषयों से संबंधित जानकारी देते हुए भविष्य में इससे जुड़े अवसरों से अवगत करवाया। होम साइंस विभाग की डा. रीचा ने विद्यार्थियों को कॉलेज के अन्य विभागों के साथ-साथ समय सागानी एवं आगामी परीक्षा के प्रतिस्पर्ध से संबंधित जानकारी दी। कार्यक्रम में सभी विद्यार्थियों को कोरोना से संबंधित हिदायतें देते हुए कहा कि हमें मास्क

रोडवेज बस व ट्राले व भिड़ंत में व्यक्ति की म

आज समाज नेटवर्क

एस.डी कॉलेज में सिलाई मशीन की वर्कशाप का किया गया आयोजन



चमनपत्रिका अंबाला छावनी 22 अक्टूबर (आर पी मित्तल) -सनातन धर्म कॉलेज, अंबाला छावनी में होम साइंस विभाग में आगामी सब की छात्राओं के लिए विभागाध्यक्ष याशना बावा द्वारा सिलाई मशीन की वर्कशाप का आयोजन करवाया गया। डॉ. रीचा सांगवान व प्रो. वर्षा द्वारा सिलाई मशीन की उपयोगिता के बारे में बताते हुए रितोस परसन-हरविमरन सिंह ने होम साइंस कि छात्राओं को इलेक्ट्रॉनिक मशीन से कैसे विभिन्न प्रकार की डिजाइनिंग करके उपयोग में लाने के लिए बताया और कैसे इलेक्ट्रॉनिक मशीन से विभिन्न प्रकार के सिलाई-कड़ाई कर सकते हैं वे भी अवगत करवाया। वर्कशाप में विभिन्न प्रकार के डिजाइन बनाकर भी दिखाए और

इलेक्ट्रॉनिक मशीन से कैसे हम कई प्रकार के उपयोग जैसे कि काब्र-बटन, पिको, पिनटक्स, घड़ीपिन, इन्टरलॉकिंग, सितारे लगाना, चुन्मट बनाने के तरीको भी बताया। होम साइंस छात्राओं ने भी रूची दिखाते हुए कड़ाई के कुछ सैपल तैयार किए। कॉलेज के प्रधानाचार्य डॉ. राजेंद्र सिंह ने ऐसे कार्यक्रम करवाने के लिए प्रोत्साहित किया तथा भविष्य में भी ऐसे कार्यक्रम होते रहे इसके लिए प्रेरित किया। जिससे कि बच्चों में एसी स्किल बूढ़े और को आत्मनिर्भर बनकर अपना खुद का स्टार्ट-अप कर एंटरप्रेन्योर बन सके। डॉ. नवीन गुलाटी ने भी छात्राओं को बड़-बड़ के भाग लेने के लिए प्रेरित किया और इस तरह की वर्कशाप से छात्राओं को भविष्य में एक अच्छा एंटरप्रेन्योर बनने के लिए प्रेरित किया, साथ ही छात्राओं को आत्मनिर्भर बनने के लिए जागरूक किया।

